

# THE ACHILLES CLUB

## 2007

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**Cassie Beasley** (Cambridge) 07970 490008 Cassiebeasley@eversheds.com

**Dr. Andrew Hodge** (Cambridge), 07958 923157 ahodge@lehman.com

**Ailsa Wallace** (Oxford) w\_ailsa@hotmail.com

**Matt Weaver** (Oxford) 020 7263 5976 (h), Matt.Weaver@eu.watsonwyatt.com

**Jenny Gillett** (Oxford) jgillett@bedfordschool.org.uk

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### Hon. Treasurer & Membership Secretary

**Peter Crawshaw** (Oxford), 18 Ringley Park Av., Reigate, Surrey RH2 7EU.

Phone 01737-761626 peter.crawshaw@achilles.org

### Hon. Secretary & Editor

**Paul Talbot Willcox** (Cambridge) c/o Eggar Forrester, 1st Floor, Scotia House, 33 Finsbury Sq

London EC2A 1PL paul.willcox@achilles.org 07768 735634

## IN MEMORIAM

**John Peter Ford CBE (Gonville & Caius College, Cambridge 1931-34) in March 2007.  
Achilles Club Hon Treasurer 1948 - 1957. Vice-President 1990 - 2007**

President, London Athletic Club 1964-5. Master of the Worshipful Company of Ironmongers 1981.



Peter Ford was born on 20 February 1912 and was educated at Wrekin College. At Cambridge he took a BA Hons in the Natural Science Tripos in 1934. He gained his pilots licence in the University Air Squadron and subsequently held a commission in the RAFVR during the War. After the War he was a director of various companies of the Brush Group becoming a director of Plessey Overseas Ltd in 1963 and moving to Byant & May (Latin America) in 1970.

Peter competed with distinction in the AAA Championships of 1933 in the 120y hurdles. For Achilles he was for several years a stalwart of the annual Schools Tour (see photo above—Peter is standing in centre picture - seated left is Sandy Duncan, and right Bevil

### Alverstone Tie

The Hon Secretary's wife, Claire Willcox, recalls how as a South American economist for the CBI in about 1980 she found herself at a reception with a group of gentlemen who had fallen to comparing club ties. Politely including her, one of them remarked cheerfully that his was too obscure to be recognised.. 'Cambridge athletics' she declared with confidence, 'my husband wore it at our wedding'. Dropped monocles all round. The cheerful gentleman introduced himself: it was Peter Ford, and the tie was indeed Alverstone's.

Rudd). As an athletics administrator he made a particular mark, serving as Hon Treasurer of the Achilles Club from 1948 to 1957 under the chairmanship of Harold Abrahams, and as President of London Athletic Club (succeeding the Marquis of Exeter) in the 1960s



He was a member of many professional and policy committees including Chairman BNEC Committee for Exports to Latin America and the NEDO Committee for movement of exports. He was Chairman of the British Overseas Advisory Council and also of the British Shippers Council. He was a member of the British Mexican Society and Vice President of the Hispanic Luso Brazilian Council. He was a contributor to the technical press and he broadcasted on international trade matters. He was appointed CBE in 1969.

### RTG Day (The Queen's College, Cambridge, 1951-54) on 19th April 2006

Ronald Day won the Half Mile at the Varsity Sports in his freshman year, snatching victory over Sidney Bryant, and placed 2nd in the two following years, with narrow losses to Ian Boyd and Derek Johnson. He was a member of the Oxford & Cambridge team which toured the USA in 1953.

### G.S. Churchill (Christ's College, Cambridge 1930-34) in November 2006.

George Churchill placed second in the Varsity Sports long jump of 1932 and fourth in 1933: his family record the keen pride and interest he maintained towards the Club throughout his long life



## Sir Arthur Marshall (Gonville & Caius College, Cambridge, 1922-6) on 16th March 2007

The world's oldest surviving Olympian, Sir Arthur Marshall has died at the grand old age of 103.

A 400m runner, he was a Cambridge team mate of Harold Abrahams and part of the Achilles team which won the AAA mile relay title in 1925. The previous year he had been selected as a travelling reserve in the British team at the 'Chariots of Fire' Olympics.

Sir Arthur was a great raconteur and at the opening in 1996 of the room named in his honour in the CUAC pavilion he regaled guests with extempore reminiscences: he and Eric



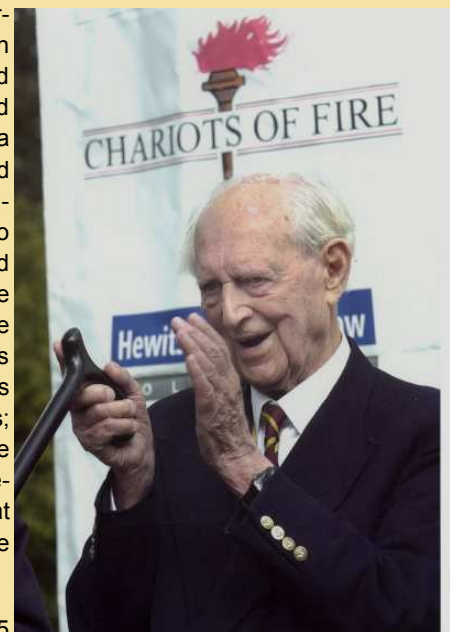
Oxford v Cambridge Cross Country match: he finished 7th (5th Cambridge scorer) and Cambridge won the match 23-32. On the left is a photo of the 1925 Cambridge team taken before the race: Arthur is standing on the right hand side (the team captain, seated in the centre, is Tommy Fooks )

Sir Arthur was knighted for his pioneering work in aeronautics. He kept his keen interest in athletics all his life: he was a trustee of Cambridge University Athletics Club, and the Chariots of Fire Relays which he promoted in Cambridgeshire have been raising money for charities for 15 years.



Liddell had met two young American women on the ship back from the Penn Relays in 1924 and had arranged a date to go tea dancing in Paris once the men had finished competing. Sir Arthur maintained that Liddell was not averse to a game of poker on board ship, and was by no means as prudishly religious as the film portrayed. He also recollected that both Abrahams and Liddell had suffered losses to the Americans in the 100 metres at the Penn Relays that year. This prompted Abrahams to re-work his stride length before the Olympics; and it was also this, rather than the publicised reason that the 100 metres was held on a Sunday, that persuaded Liddell to change to the 400 metres.

Arthur Marshall also ran in the 1925



## Bob Giegengack (born 1907; Yale Head Coach 1946-1972; died 1987)

*The Achilles machinery does not always work perfectly, and for the last twenty years we have been hopefully mailing the great Yale coach, until this year his Annual Report was returned marked 'Gone Away'. It is therefore time to record the tribute which now appears in the USATF All of Fame*

A college head track coach for 37 years, Bob Giegengack was the head coach of the 1964 U.S. Olympic team after serving as an assistant Olympic coach in 1956. His 1964 team won 20 medals, including 12 golds. Best known for producing outstanding middle distance runners, Giegengack was on the track team at Holy Cross College. After graduating in 1929, he coached track at the high school level for nine years. He took over at Fordham in 1938, becoming the youngest track coach at a major university. His 1941 team won the IC4A championship. After serving in the Navy, Giegengack returned to Fordham in 1945, before becoming track coach at Yale in 1946. He held that position until he retired in 1972. Giegengack guided Yale to four IC4A championships and a 186-121 record in dual and triangular meets. The Olympic athletes he coached included shot putter Jim Fuchs, sprinter Wendell Mottley and marathoner Frank Shorter, who is also in the Hall of Fame. Giegengack was very active on the U.S. Olympic Committee and twice served as chairman of that group's men's track and field committee.



## Graham Tanner (OUAC Coach 1976-2007) on 6th October 2007

Graham Tanner appeared to be making a good recovery from heart problems when he died, suddenly and unexpectedly on 6th October 2007, aged 80. His funeral in Highworth village church was very well supported by OUAC, with many members, both past and present, in attendance.

*John De'Ath delivered the following tribute:*

For the last 31 years Graham Tanner was an absolutely crucial pillar of support to OUAC. His contribution to the Club covered two major areas. Primarily, he was coach to the members of the Club, but also, through his research and writings, he became an unparalleled authority on the Club's history and its central role in the development of the modern sport of athletics.

Taking these two aspects in turn, firstly coaching. Graham was an outstanding coach long before he began coaching at Oxford, and during the 1950s and 60s he progressed to become one of the top talents in the country.

He began coaching in Oxford in 1976, travelling from Highworth at least 3 days a week, regardless of the weather. He was the expert on general fitness conditioning. Every one of the 40 or so students who joined the Club each year will have done some of Graham's well-known gruelling circuit training sessions involving up to 90 minutes of continuous and strenuous exercise

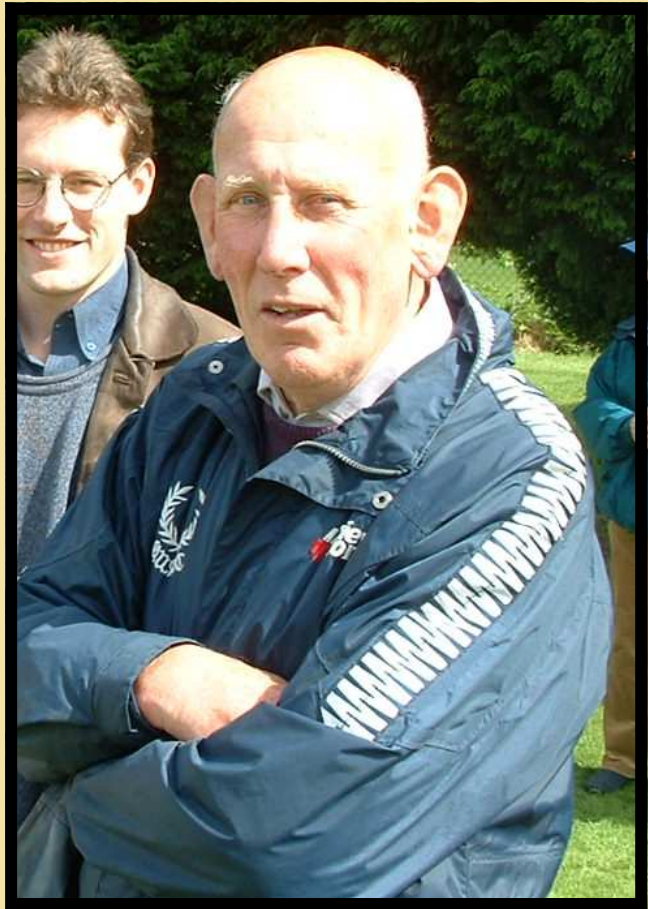
carried out to a peculiar soundtrack of camp songs blasting out from Graham's personal tape recorder. And in spite of his age he would insist on leading and demonstrating many of the exercises himself.

After general conditioning, he would then coach individual athletes in their particular events. He was especially expert in throwing events, but also had great success with runners and jumpers, and many of our top outstanding athletes acknowledge the crucial part that Graham has played in their development and success. Even when his health began to deteriorate in recent times he still made the journey to Oxford at least once a week and continued to carry out his coaching tasks.

The other aspect of Graham's involvement with the Club was as a historian. OUAC, founded in 1860, is the oldest athletic club in the world and has produced numerous Olympic Champions and world record holders. Its members also founded the Amateur Athletic Association in 1880. Graham's interest in OUAC history was evidence of his admiration for the Club. Over the years he formed an extensive collection of personal archives covering OUAC and athletics history built up through countless visits to antique markets and specialist vendors. His most recent version of the Club history, made available on the Club's website since 2002, generated widespread interest and high praise, not least from Peter Lovesey, the UK's most eminent athletics historian. The work has been referenced in at least 3 hardback publications since then. Graham's eloquent style, both precise and poetic, makes him eminently readable, and his knowledge is unsurpassed.

To sum up, Graham has had a significant impact on thousands of Oxford athletes throughout the country over the past 30 years. He was an invaluable source of advice for Club Presidents and Captains, who came to rely on him especially prior to the annual Varsity match against Cambridge, which the men won 22 times in the 31 years of his involvement. I have spoken with numerous past Presidents and Captains during the last 10 days and it is very touching to hear, at first hand, of the high regard in which Graham was held. OUAC members had the greatest respect and affection for him. Nevertheless, he served the Club with great humility. He was ever modest, self-effacing and unassuming, always giving rather than taking. Graham's respect for his athletes was always apparent and I'm not entirely sure that he was aware of the high regard and affection in which he was held by the Club's members.

Graham was both a great coach and a great friend to many at OUAC. The Club is enormously richer for his contribution; he will be much missed, although his impact will live on for many years to come.



*Graham was an award winning AAA coach, and in the 1970's at the request of the BAAB headed a training course for coaches in Pakistan.*

**Dr A.R. Pinnington (St Peter's Hall, Oxford, 1947-51) in April 2007,  
very suddenly at home in his favourite armchair.**

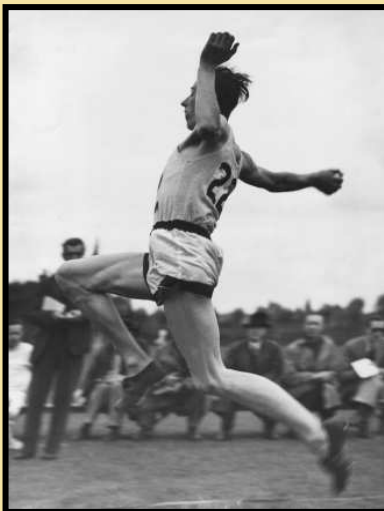
At the Varsity Sports, Robin Pinnington won the 100y in 1951, having contest the same distance in 1949 and the 220y in 1950

*The Club was represented at the funeral by his youngest brother, Roger, from whose tribute the following is an extract*

“To the great pride and joy of our parents, his teachers and the family, Robin went on to win a place at Oxford University prior to completing any National Service, a unique situation and one which was almost unheard of at the time, all University places going, in the late 1940's, to returning military personnel who were obviously far more mature in age, developed talents, skills, abilities and experience than Robin. Robin set about adapting to his new and very strange environment with determination and enthusiasm, quickly finding his way down to the Oxford University running track where the Coach realised, at a very early stage, that here was a young man with considerable running talent. Dedication and determination to succeed, despite a lack of any previous track running and considerable competition from more physically developed and experienced athletes, saw Robin winning full blues, representing Oxford against Cambridge in the 100 and 220 yds individual and relay events, as well as, during that period competing against Harvard and Yale and Princeton and Cornell in the Combined Oxford and Cambridge teams. Whilst winning the 100yds 'dash' in the 1950 meeting with Princeton and Cornell, at the White City, Robin equalled the English Native record in 9.8 seconds, an exceptional time bearing in mind that was on a cinder track, archaic by today's standards; in the following week, Robin ran an unrecognised 9.7 race in the Northern Championships at St Helens. In 1951, Robin went on to represent Great Britain in the European Championships in the 100m and 4x100m relay races and later in an International against France. Robin also represented in many track events throughout the UK and Europe, the famous Achilles Club: their President, Sir Tommy Macpherson, a long standing friend of Robin and Jean Louise, has asked me to express his personal and the members appreciation for Robin's major contribution to the Club as an athlete and member. Tommy also wishes that I pass on to Jean and the family, his own and for the other Achilles Club members' condolences, support and kind thoughts.”

**R.A. Powell (Trinity College, Oxford, 1935-38) on 30<sup>th</sup> March 2007**

Rupert Powell reached his peak in athletics representing England against Belgium in 1946, against France in 1947 and in reaching the Olympic Final Trials for 1948 Olympic Games in London in the 120 yards High Hurdles. At Oxford he was Secretary of the Trinity College Athletic Club in 1937 and Captain in 1938. In the same year he beat C.B.Fry's 44-year old 'Varsity long jump record by jumping 23'9½" in a match against the A.A.A. at



Iffley Road, Oxford. Also in 1938 in the long jump, he won first place in the Inter-College, Oxford Championships, in the Oxford University Final Trials and again first against Cambridge at The White City. During the war, stationed near Cairo, he was the Egyptian Champion in the High Hurdles in 15.6secs. After the war Rupert worked in the railway industry for 42 years, travelling to Africa, The Middle East and the Far East between 1950-1965 as Sales Manager of Metro-Cammell in Birmingham and London.





## I.D. Taylor (St Edmund Hall, Oxford, 1957-61) in 2007

St Edmunds School Canterbury regards Ian Taylor as one of their best all round sportsmen. He was extraordinarily versatile – outstanding at football, cricket, hockey, swimming, golf and shooting. In athletics he held records and won events from 100y to cross country. He was also active in Societies for History, Geography, Drama and Debating, in the orchestra and the choir. He was Head of his House and deputy Head of School.

Of all this he never spoke a word to us. He went up to Oxford in October 1957. The first we saw of him at Iffley Road was on 30<sup>th</sup> May 1958 when he turned up to the OUAC Sports. By that date he had already won a full Blue for hockey and had toured South Africa with the England team during the Easter vac. He had thus missed the Varsity Sports which took place in March (mercifully for the last time). On that May day Ian entered the 100y. He was to all of us an 'unknown'. In the same event was John (JRC) Young, also of Teddy Hall, famous for having been



John Young wins the 100 yards, with Ian Taylor in second place.

AAA Champion at the age of 18. In conditions which the press described as 'atrocious', John won the race in 10.1, with Ian second in 10.2. The result was a surprise to everyone, but was the first of many races where this result was repeated, always with just 0.1 between them: if John ran 9.9, Ian would run 10.0,

etc: their results of 220y were much the same but with a slightly larger gap. Their consistency was remarkable.

These races mainly took place in the Trinity term as hockey and rugby would lay claim to them during the winter, although Teddy Hall managed to get them out for College Relays and Cuppers. Ian did however run in the Oxford v Cambridge Relays at Iffley Road in November 1958, though OURFC would not release JRC. I think Ian greatly enjoyed being part of a team that broke four relay records on the day.

The summer of 1959 saw the Young and Taylor show at its very best. On 22<sup>nd</sup> April in the OUAC trials they came first and second as usual in 10.2 and 10.3. On May 1<sup>st</sup> the AAA sent nearly a full international team to the annual fixture v OUAC: the new 'old firm' of Young and Taylor duly came first and second again, 9.9 and 10.0 (and first and fourth of 220y, 21.8 and 22.2). On May 9<sup>th</sup> in the Varsity Match at White City they got us off to a cracking start: first and second again in 9.9 (equalling Arthur Porritt's 1925 match record) and 10.0: this was into a headwind (I felt it myself 20 minutes later in the high hurdles). In the 220y they also took first and second – JRC's 21.6 again equalled the match record. Their effect on morale was even more valuable to the team than the points they scored.

Soon after the Varsity Match, we lost JRC to the British Lions tour of New Zealand. Ian now became first string in the 1959 Transatlantic Series encounter with Harvard & Yale at White City in June. He was still in top form: he won the 100y in 9.8 with the other competitors all returning 9.9. He also won the 220y in fine style in 21.9, with the rest of the field all on 22.4. These times were deemed to be wind assisted, although it seemed to me a fine June day with no wind at all.

In the UK year end rankings, where John was equal 4<sup>th</sup> at 9.8 and Ian equal 13<sup>th</sup> at 9.9. At 220y John was equal 6<sup>th</sup> at 21.6 and Ian equal 9<sup>th</sup> at 21.8.

By 1960 I had gone down, but I was at the White City to see Ian and JRC do their old 0.1 trick, only this time Brian Smouha squeezed in between them for 2<sup>nd</sup> place.

Beyond athletics, 1960 was a marvellous year for Ian, with selection for the GB hockey team at the Rome Olympics. There he did not forget OUAC: Don Smith greatly appreciated Ian's visit to the NZ team quarters to wish him well on the day before the heats of the 800m (in which Don was partnering the eventual champion, Peter Snell).

I have an abiding memory of Ian. In early 1959 the track was

out of action due to frost for a few weeks, so a group of six or eight athletes would jog down to the Southfield Road hill, for some interval training. We would run 8-10 repetitions of about 250y uphill, with a nasty 70y steep section in the middle, followed by a slow walk back. A little old lady would come down to here front gate and scream at us " Stop it! You're all mad! You'll kill yourselves!" One day Ian turned up to join us (hockey pitches probability frozen): I thought to myself " He'll never manage this – hockey training just won't see him through". How wrong can you get? He absolutely breezed through it, nattering cheerfully on the downhill walks as we gasped for breath before the next run. Down the years it made me wonder what Ian might have

**" Stop it! You're all mad! You'll kill yourselves"**

done at 440y with some dedicated training: it could have been a sensation.

Ian Taylor was a remarkable fellow. He moved through life with a lightness of touch and easy courtesy. The boyish grin was always only a moment away. He was completely a team man. On the train to the 1959 Varsity Match there was much silent tension as team members gathered themselves for the big effort. Ian simply wisecracked his way to Paddington as if he was going to the zoo. He managed to upset no one. It probably had a calming effect.

He was indeed a ladies' man, as JRC points out. They all seemed to love his spontaneity and sense of fun. He once discovered he had inadvertently invited two girls to the same Ball. It seemed a no win situation at first, but he turned it round by taking them both – an ingeniously simple solution that only he could carry off – and it worked perfectly.

We were all shocked and sad to hear of Ian's tragic death, the more so because most of us had not seen him since we left Oxford. We are proud to have known him.

*A Knyght ther was, and that a worthy man,  
That fro the tyme that he first bigan  
To riden out, he loved chivalrie,  
Trouthe and honour, fredom and curteisie.  
... He was a verray, parfit gentil Knyght*

*Rex van Rossum, President OUAC 1958-9*

**It was a slightly nervous OUAC President who knocked on Ian Taylor's door at the end of the Spring Term, 1960 with his invite to represent the Varsity in the 100 and 220 yards against Cambridge in 7 weeks time. Not only did Finals loom up, but Ian was a certainty for the British hockey team at the Rome Olympics later that Summer, with all the dedicated training that involved. Would the invite be (understandably) politely declined? "Count me in" was Ian's immediate answer, and he was delighted that John (JRC) Young would be his partner in both events. Come to think of it, it is very rare if not unique in Varsity match history that two internationals from other sports (hockey and rugby respectively) should be so successively paired in one event, for on the day, they brought home the points and played a large part in Oxford's 78—57 victory.**

Training at Iffley Road for Ian was very much a social occasion — a chance to relax, put in some practice starts under Ken Bone's direction, and run a few token 150 yard strides with fellow sprinters, notably JRC - but above all to meet friends and share in conversation and laughter. Ian was a beautifully relaxed sprinter, upright, fast out of the blocks and hugely determined, and an athlete whom it was a privilege to have on the team. I think we also considered him a trifle exotic and debonair with his fluent Spanish and his return home to Mexico when term ended.

I can hear him speaking still, with his quick repartee and his slight, very attractive lisp, and for the last 47 years, the 1960 team photo with Ian standing on the back row next to JRC and Paddy Montague, has evoked the best of memories. Make no mistake — a lovely, thoughtful guy and a great sportsman in every sense of the word.

*John Holt OUAC President 1959-60  
GB International*

Ian was an archetypal Teddy Hall man. An excellent sportsman with speed, fast reactions and team spirit. He was also intelligent and pleasant, sane company and fond of the ladies (of whom there were all too few available in those days). What a pity he saw right to spend his life abroad. But we knew he would win anywhere and play fair doing it. The good sometimes go early – more's the pity.

John Young OUAC 1957-60 100y & 220y.  
AAA Champion 1957. British Lion 1959

So sad to hear the awful news about Ian. Reading the obituary in the Teddy Hall magazine I was astonished at his range of activities at school. I have never seen a record like it! – now I understand why he was such a good musician.

That is my pervading memory of him – playing the guitar and singing melancholy Mexican songs, of which he knew so many and in which I joined him from time to time. For years afterwards I searched for recordings of those songs without much success.

Because his family lived in Mexico, Ian, like me, spent much of the vacs in Oxford. I particularly remember one New Year's Eve playing darts at the Royal Oak. Ian was a wonderful companion, someone to lift the heart. That impish grin is another lovely memory – noticeable in the photo of the great 1959 team.

I found a letter that I wrote to my brother in July 1959: "Most of the boys have gone down. I enjoyed an excellent night with 'Rufus' Aves and Ian Taylor. We started slowly watching a concert by the Teddy Hall Singers in their 13<sup>th</sup> Century quad.... Then retired to the Eastgate across the way. There we entertained the customers with a few finely rendered songs... until being politely ushered to the door at 11 pm. We proceeded to round off the night with some more songs outside Teddy Hall

including a beautifully harmonized 'Sub-Rector We Love You'. I didn't then know that Ian had spent 8 years in the school choir! He carried a beautiful line".

I also recall Ian taking the trouble at the Rome Olympics to call in at the NZ camp to wish me good luck in the next day's 800m heats. I greatly appreciated that.

DIB Smith (Merton) OUAC 880 1957-60.  
New Zealand International

**That infectious grin. "Cuppers final next week: can you get away from hockey?" "Don't worry. I'll be there." And there he would be, turning in a national standard performance with apparent nonchalant ease and always with that grin of enjoyment. Nonchalance to those watching maybe but to try and keep up with him on stamina training runs was another matter indeed. There was undoubted natural sporting talent in whatever Ian attempted but like all top sportsmen it was backed up with serious preparation. Nearly fifty years since we last met but the memories of his ever cheerful exuberance are still with me.**

JWJ Pinnick (Treasurer OUAC 1959 – Capt of Athletics, SEH)

Half a century later my recollections of Ian Taylor are that he was a 'benchmark' in the team. He was multi-talented having been blessed with natural strength, speed, endurance, superb reflexes and co-ordination. Fellow athletes at Iffley Road striving to make the Blues Team would wish for just a small portion of Ian's talent. Just to be in ear-shot of Ian's wise-cracking made the personal suffering of one's own training schedule a little more bearable."

Trevor Southall (BNC)– Triple Jump OUAC 1959-60

## FURTHER TRIBUTES

**Derek Brierley** came up to New College after retiring from the army as a Captain, so he was older than everyone else; his running kit seemed even older, held together, as it was, by safety pins; he'd been a stalwart of the Milocarians.

After leaving the army he wandered around Oxford with a view to deciding to which college he would like to go. As he was having a look at New College he encountered an undistinguished looking old man and asked to be directed to the Warden's Secretary. The man replied that

he was the Warden and asked if he could help. Derek replied that he could indeed help by admitting him to New College, which the Warden duly did!

I last met Derek during 2004 when we were both guests for the 60th anniversary of the four minute mile. Despite being over 80, he looked as sprightly as ever and his death came as a great surprise. He was a wonderful character and will be missed by so many.

- Michael McKean

*Philip Morgan writes:*

**PD Dignasse** like me was at St John's, Leatherhead, and Wadham, but 2 or 3 years senior. His Cross Country for Oxford was reported in the School Magazine but not the Athletics. My guess is that he ran in the 3 Miles and not in the Mile. I had often wondered what had happened to him after Oxford.

**JF Pollard**. Like me, he ran in Cross Country and Athletics Three Miles more than once. In that time, he only once beat me in 1948, when I had a back tooth extracted the day before. He was a boy at Cheltenham.

**SA Bryett** I have looked him up in the Oxford and Cambridge Varsity Match Programme for March, 1946 and he was 3rd in the 100 yards won by John Fairgrieve, (who ran in the '48 Olympics: he was at Haileybury, where I was Chaplain for 15 years and we are old friends.) I had entirely forgotten (but it was some 60

odd years ago) that in those antediluvian days, there was no 220 yards nor any 4 x 110 yards Relay, (and long before), And I have discovered that he was 4th in the Long Jump.

**DC Brierley** was a little older than most of us but a really pleasant man. New College rarely produced any athletes in my time (though **David Dixon** was at New College his first year but was refused entry after

he was demobilised, luckily for us went to Lincoln).

**JF Lockwood** was a keen member of Achilles and used to appear at Iffley Road from time to time. It was people like him, who had been a great athlete and who gave Achilles status and interest to athletes like me. I'm still a Life Member of SLH as Billy Holt, who organised the 1948 Olympics, my mentor.

**JCM Wilkinson** A close friend of mine when we were up. He married a beautiful

air hostess and we remember their very well., he had a roving eye and it did not last. He and I went on several BAAB jaunts to places like Paris and Dublin. On his day, he was almost unbeatable but he never cared much for training.

Another interesting fact about the 1946 Varsity Match was that 3 athletes, 2 from Cambridge, 1 from Oxford, were all at the same Prep School, St Edmund's, Hindhead. **Peter Coggins** won the 3 Miles, I was 2nd, and **Ronald Hope-Jones** was 3rd in the Half Mile. Both Peter and Ronald were ex service men. Ronald, whose father was a Housemaster at Eton, had been a prisoner of war in Germany. He died some years ago but he lived here in my village. He was a distinguished diplomat was HM Ambassador in Bolivia. Peter was a solicitor, still alive, and I heard from him recently on the phone but we were not contemporaries at school. He went to Charterhouse and Ronald to Eton.

### Hatti Dean 15th in the World Cross Country

From the Oxford Mail:

*"Hatti Dean ran superbly in the heat and humidity of Mombasa to finish 15th and lead Great Britain to fifth place: she was the first Briton across the line, showing no ill-effects from the searing heat to finish in 28mins 48secs over the 8km course. "We all prepared well and kept cool before the start. I took on lots of water and the heat didn't affect me as much as I thought it would. But although I tried to go off quite steadily, after a lap and a half I was quite worried, because I wasn't feeling too good. But I overtook a lot of others and realised they were fading faster than I was. That gave me confidence and people said I looked stronger as the race went on." Dean displayed a performance of great maturity, working her way steadily through the field, despite temperatures well into the 30s. At the 2km marker, she was back in 46th place, but had improved to 29th by halfway. She continued to cut a swathe through the field over the second half of the race, moving up to 21st at the 6km marker, before her fine finish took her to 15th.*



**Steve Green** won gold at the European Indoor Championships, anchoring the British 4 x 400m relay team

**Ben Carne, Andy Baddeley and Hatti Dean** represented Great Britain and Northern Ireland splendidly in the European Cup, Hatti winning her race in a new UK record, one of several she set during the season.



**Martine Bomb** (photo left) meanwhile was representing Luxemburg in the second division match, and reports: "We were competing in Zenica (Bosnia Herzegovina) and we didn't cover ourselves in glory (partly because of the very soft track, the gruelling heat (35 degrees in the shade) and the fact that we had to travel at 3am on Thursday night and the 4 hours sleep we got were just not enough). In this bottom division there are 14 countries competing (running in 2 separate heats: group A the top 7 countries and group B the bottom ones but then you get ranked on performance and we did manage to finish the match on 7th position which means we'll get to compete in the A group next year (along with Switzerland, Israel etc). And it was worth it just for the experience anyway".

Martine set new pb's (and a new Luxemburg Record over 400H) in Monaco in early June during the Games of the Small States of Europe (56.67 for 400, 14.38 for 100mH and 60.72 for 400H)

performance and we did manage to finish the match on 7th position which means we'll get to compete in the A group next year (along with Switzerland, Israel etc). And it was worth it just for the experience anyway".

**At the UK Championships** (which we must now learn to equate to the old **AAAs**, at which members have had such a distinguished record), **Andy Baddeley** confirmed himself as the country's leading UK 1500m runner with an emphatic win. By the end of the season Andy had climbed to 7th on the World merit rankings, having notched up victories over the Olympic Champion (right) among others. **Steve Green** reclaimed the position, usurped by **Ben Carne** early in the season, of the Club's leading 400m hurdler, with second place in a pb of 50.17, but was thwarted by the wind from achieving the World Championship qualifying time. **Hatti Dean** sharpened up for the steeplechase in Osaka with 9th in the 1500m.



**Lizi Brathwaite** ran a committed and determined 800m: challenging in 2nd place with 200m to go she was edged out to 6th place in the run in. **Ben Moreau** was 12th in the 5000m. **Phyllis Agbo** was 10th in the long jump and narrowly missed qualifying for the 100m hurdles final. And **Grace Clements** and **Katie Skelding** were among other members contesting heats.



## 2007 NATIONAL & WORLD RANKINGS

At the World Championships in Osaka, **Andy Baddeley** was 9th in the 1500m, **Mara Yamauchi** 9th in the Marathon and **Hatti Dean** 11th in the 3000m s/c. **Tim Berrett's** 9th appearance in these Championships surpassed the longevity record of the great Jan Zelezny.

At the British Masters (Veterans) Championships, **John Crosse**, made a return to competition in the M50 javelin: the acquisition of a new Achilles vest for the occasion spurred him to a close 4th place. **Ian Johnston** won the M35 10000m. **Chris Melliush** won both the M60 hammer and weight. **Steve James** was second in the M65 5000m. **Hazel Barker** won medals of each colour: gold in the W45 high jump, silver in the javelin, and bronze in the shot



### European U23 Championships.

**Lizi Brathwaite** on her international debut, snatched second place in the 1500m in the most dramatic manner, using all of her 800m sprinting speed to catch the

pre-race favourite, Tatyana Beltyukova (Russia) in the last stride and a half. Her time, 4:16.45, was just four-hundredths quicker than the Russian's and she said: "I've been doing a lot of work with my coach [Liam Cane] on being able to run that kind of race. I'm so pleased. I've never been in a race so bumpy. Every time you saw a space and moved into it, somebody closed in and you had to slow down."



**Charlotte Cutler** has moved to Hong Kong where she immediately set about doing damage on the local road running circuit. Within a few weeks of arrival she scored an unexpected victory in the city's Marathon

*The Club boasts 5 athletes in the world top fifty and 14 in the UK top ten:*

| World | UK |                          |                     |
|-------|----|--------------------------|---------------------|
| 16    | 2  | <b>Mara Yamauchi</b>     | Marathon 2:25:41    |
| 28    | 1  | <b>Andy Baddeley</b>     | 1500m 3:34.74       |
| 29    | 1  | <b>Garrett Johnson</b>   | Shot 20.27i         |
| 30    | 1  | <b>Hatti Dean</b>        | 3000m s/c 9:38.56   |
| 41    |    | <b>Tim Berrett</b>       | 50k Walk 3:55:08    |
|       | 2  | <b>Andy Baddeley</b>     | 800m 1:46.32        |
|       | 3  | <b>Steve Green</b>       | 400mH 50.17         |
|       | 4  | <b>Ben Carne</b>         | 400mH 50.28         |
|       | 4  | <b>Garrett Johnson</b>   | Discus 57.26        |
|       | 5  | <b>Hatti Dean</b>        | 3000m 8:58.77       |
|       | 5  | <b>Phyllis Agbo</b>      | Heptathlon 5716     |
|       | 6  | <b>Huw Lobb</b>          | Half Marathon 64:43 |
|       | 7  | <b>Ben Moreau</b>        | 10000m 29:40.28     |
|       | 8  | <b>Simon Wurr</b>        | 3000m s/c 8:56.06   |
|       | 8  | <b>Grace Clements</b>    | Heptathlon 5436     |
|       | 9  | <b>Andy Hennessy</b>     | 3000m s/c 8:56.79   |
|       | 10 | <b>Lizi Brathwaite</b>   | 800m 2:01.78        |
|       | 10 | <b>Lizi Brathwaite</b>   | 1500m 4:11.78       |
|       | 10 | <b>Phyllis Agbo</b>      | 100mH 13.73         |
|       | 10 | <b>Phyllis Agbo</b>      | Long Jump 6.14      |
|       | 11 | <b>Steve Green</b>       | 400m 46.69i         |
|       | 15 | <b>Huw Lobb</b>          | Marathon 2:27:16    |
|       | 17 | <b>Jon Blackledge</b>    | 1500m 3:43.62       |
|       | 17 | <b>Martine Bomb</b>      | 400mH 60.72         |
|       | 20 | <b>Lucy Hasell</b>       | Half Marathon 75:20 |
|       | 23 | <b>Ben Richardson</b>    | 110mH 14.60         |
|       | 24 | <b>Huw Lobb</b>          | 10000m 30:29.77     |
|       | 25 | <b>Hatti Dean</b>        | 1500m 4:16.57       |
|       | 26 | <b>Liz Murphy</b>        | Heptathlon 4623     |
|       | 27 | <b>Phyllis Agbo</b>      | Shot 12.84i         |
|       | 28 | <b>Courtney Birch</b>    | 5000m 16:52.75      |
|       | 28 | <b>Phyllis Agbo</b>      | Javelin 41.79       |
|       | 31 | <b>Matt Weaver</b>       | Pole Vault 4.55     |
|       | 31 | <b>Martine Bomb</b>      | 100mH 14.38         |
|       | 32 | <b>Frances Smithson</b>  | High Jump 1.70      |
|       | 33 | <b>Nick Talbot</b>       | 3000m s/c 9:25.79   |
|       | 34 | <b>Bethany Staniland</b> | Shot 12.34i         |
|       | 35 | <b>Ben Carne</b>         | 400m 47.73          |
|       | 35 | <b>Ben Hope</b>          | Half Marathon 67:22 |
|       | 36 | <b>Huw Lobb</b>          | Half Marathon 67:24 |
|       | 36 | <b>Grace Clements</b>    | Javelin 40.56       |
|       | 37 | <b>Ben Moreau</b>        | 5000m 14:22.86      |
|       | 38 | <b>Ailsa Wallace</b>     | High Jump 1.69i     |
|       | 38 | <b>Grace Clements</b>    | High Jump 1.69      |
|       | 38 | <b>Florence Cavalli</b>  | Pole Vault 3.40     |
|       | 41 | <b>Grant Stirling</b>    | Decathlon 4870      |
|       | 45 | <b>Charlotte Roach</b>   | 3000m 9:37.51       |
|       | 46 | <b>Jet Theriac</b>       | Shot 14.29          |
|       | 47 | <b>Grace Clements</b>    | Shot 11.95          |
|       | 48 | <b>Jon Blackledge</b>    | 800M 1:51.02        |
|       | 49 | <b>Jonathan Rider</b>    | Javelin 58.80       |
|       | 49 | <b>Lizi Brathwaite</b>   | 400m 55.43          |
|       | 49 | <b>Chanda Kapande</b>    | Hammer 44.66        |

## VARSITY FIELD EVENTS AND RELAYS

**At Oxford, 4th March 2007**

### Men's relays (Cambridge won 5-2)

**4x100m** Oxford 44.6 (O. Connor, M. Clarfelt, M. Ponsford, T. Ezekiel) Cambridge (N. Stevens, D. Gammall, K. Millar, B. Richardson) 44.6 Cambridge "B" 47.4

**4x 200m** Cambridge (B. Carne, D. Gammall, K. Millar, B. Richardson) 1:31.6 Cambridge "B" (D. Ekpe, D. Longman, N. Stevens, F. Hutton-Williams) 1:34.9 Oxford (1:32.2) were disqualified

**4x400m** Cambridge (K. Millar 52.1, F. Hutton-Williams 51.1, A. Owen 50.9, B. Carne 49.3) 3:23.4 Oxford 3:24.7 (J. Richards, S. Gourley, P. Duggleby, J. Morrissey) Oxford "B" 3:36.9 Cambridge "B" (C. Coulsting, T. Henshaw, W. Rice, J. Cook) 3:37.0

**4x800m** Cambridge (C. Coulsting 2:04.9, J. Kelly 2:03.2, J. Cook 1:59.9, A. Owen 1:57.5) 8:05.4 Oxford 8:14.2

**4x1500m** Cambridge (J. Cook 4:18.4, J. Kelly 4:16.1, O. Bristow 4:18.4, M. Grant 4:20.0) 17:12.9 Oxford (- 4:24.3, - 4:24.7, - 4:22.2, - 4:21.0) 17:32.2

**4x110m hurdles** Oxford 72.9 Cambridge failed to finish

**4x200m hurdles** Cambridge (T. Stoker, C. Romito, B. Richardson, B. Carne) 2:03.6 Oxford 2:09.3

### Men's field events (Oxford won 5-3)

**High Jump** Oxford 6.75 (P. Goult 1.75, R. Ettenfield 1.75, J. Buckler 1.70, J. Abraham-Steele 1.55) Cambridge 6.60 (A. Bennett 1.75, A. Owen 1.65, M. Collins 1.65, B. Ahmet 1.55)

**Pole Vault** Cambridge 12.10 (R. Navaratnam 3.20, B. Ahmet 3.00, A. Bates 3.00, T. Henshaw 2.90) Oxford 10.40 (S. Gourley 3.00, R. Ettenfield 2.80, L. Williams 2.60, J. Abraham-Steele 2.00)

**Long Jump** Oxford 24.66 (J. Lowe 6.57, S. Gourley 6.24, J. Buckler 6.01, J. Hughes 5.84 [J. Osun-Sanmi 5.72, P. Pederosa 5.55]) Cambridge 23.08 (A. Adeyemi 6.14, G. Kenyon 5.77, P. Whitfield 5.65, A. Bates 5.52 [B. Diethelm 5.78, C. Drechsel-Grau 5.53, L. Singer 4.49])

**Triple Jump** Oxford 50.10 (J. Lowe 13.60, J. Hughes 12.49, T. Brown 12.40, P. Goult 11.61 [P. Pederosa 12.98, J. Osun-Sanmi 12.20]) Cambridge 48.83 (M. Collins 12.85, P. Whitfield 12.48, C. Drechsel-Grau 11.81, L. Singer 11.69 [A. Adeyemi 13.01])

**Shot Putt** Oxford 48.14 (G. Johnson 18.98 **record**, S. Marlow 10.91, J. Rider 10.28, B. Cossey 7.97) Cambridge 41.47 (J. Theriac 12.50, D. Akinluyi 9.76, A. Wheble 9.71, A. Lee 9.50)

**Discus** Oxford 149.01 (G. Johnson 49.17 **record**, S. Marlow 36.68, B. Cossey 33.17, J. Rider 29.99) Cambridge 127.97 (J. Theriac 38.36, D. Akinluyi 33.73, A. Wheble 28.56, M. Collins 27.32)

**Hammer** Cambridge 140.00 (J. Theriac 45.64, A. Lee 33.46, D. Akinluyi 32.58, A. Wheble 28.32) Oxford 72.14 (J. Abraham-Steele 39.17, S. Marlow 32.97, G. Johnson and J. Rider registered "no throws")

**Javelin** Cambridge 159.42 (E. Gunn 43.11, M. Collins 43.00, D. Akinluyi 37.23, A. Wheble 36.08) Oxford 156.10 (J. Rider 49.78, P. Satterthwaite 39.95, C. Record 39.46, A. Cartwright 26.91)

### Women's relays (Oxford won 5-1)

**4x100m** Oxford 51.0 (M. Smith, E. Binner, F. Smithson, M. Bomb) Cambridge (M. Gullickx, L. Spray, H. Jones, P. Agbo) 52.6

**4x200m** Oxford 1:50.7 (D. Smith, C. Barnett, E. Binner, M. Bomb) Cambridge (L. Spray, M. Patston, R. Riiser, M. Gullickx) 1:54.8

**4x400m** Oxford 4:13.2 (M. Bomb, E. Binner, J. Rieck, S. Hughes) Cambridge (M. Gullickx 60.8, M. Patston 65.4, L. Dixon 66.5, L. Spray 61.1) 4:13.7

**3x800m Cambridge** (H. Owles 2:28.9, P. Keen 2:31.3, C. Day 2:23.6) 7:23.7 Oxford 7:28.9

**Medley (600m x 1600m x 1200m x 800m)** Oxford 13:31.6 Cambridge (L. Dixon 1:46.4, C. Day 5:20.3, P. Keen 4:03.3, H. Owles 2:36.2) 13:46.2

**4x200m hurdles** Oxford (J. Rieck, S. Hughes, L. Murphy, M. Bomb) 2:08.6 Cambridge (A. Hackney, C. Palmer, L. Spray, P. Agbo) 2:10.1

### Women's field events (Tie 4-4)

**High Jump** Cambridge 4.55 (P. Agbo 1.60, S. Fielding-Smith 1.50, E. Bodman 1.45, [R. Riiser 1.40]) Oxford 4.35 (F. Smithson 1.55, L. Murphy 1.45, N. McManus 1.35)

**Pole Vault** Cambridge 6.40 (F. Cavalli 2.60, S. Williams 2.10, L. McGarty 1.70 [J. Liu 1.60]) Oxford 4.40 (E. Hammond 2.40, J. Baker 2.00, No third competitor)

**Long Jump** Cambridge 14.33 (P. Agbo 5.47, E. Bodman 4.46, S. Williams 4.40 [L. McGarty 4.36]) Oxford 14.32 (F. Smithson 5.10, L. Murphy 5.00, D. Smith 4.22)

**Triple Jump** 1 Oxford 32.72 (F. Smithson 11.37, L. Murphy 11.05, A. Wallace 10.30) 2. Cambridge 31.58 (P. Agbo 12.09, L. McGarty 9.99, L. Spray 9.50 [A. Hackney 9.02])

**Shot Putt** Oxford 28.51 (L. Murphy 9.89, R. Stone 9.52, B. Staniland 9.10 [H. Hogben 7.92]) Cambridge 28.41 (P. Agbo 11.04, C. Palmer 9.31, H. Maduka 8.06 [A. Hackney 7.57])

**Discus** Oxford 77.10 (H. Hogben 30.30, B. Staniland 28.00, L. Steele 18.80 [J. Terrell 15.86]) 2. Cambridge 70.67 (P. Agbo 28.22, C. Palmer 23.07, H. Maduka 19.38 [J. Melliush 13.96]) Helen James (guest) 33.14

**Hammer** Oxford 93.15 (H. Hogben 39.80 **record**, L. Steele 33.73, J. Terrell 19.62 [L. Groom 19.55]) Cambridge 73.92 (J. Melliush 28.70, H. Maduka 24.72, S. Fielding-Smith 20.50)

**Javelin** Cambridge 95.47 (P. Agbo 35.46, C. Palmer 31.99, V. Hsu 28.02 [A. Hackney 23.97]) Oxford 87.96 (F. Smithson 30.06, R. Vavilova 29.62, L. Murphy 28.28 [E. Bettaney 26.10])  
*cjrt 27.4.2007*

## BUSA

*At the **BUSA Indoor Championships** there were golds for Steve Green in the 400m, **Phyllis Agbo** in the long jump, and **Garrett Johnson** in the shot. Other placings included **Toleme Ezekiel**, 7th in the 60m, **Ben Carne** 5th in the 400m, **Andy Owen** 4th in the 800m B Final, **Jon Blackledge** 5th in the 3000m, **Ben Richardson** 7th in the 60m hurdles, **OJAC** men and women both 6th in the 4 x 200m relays, **Monique Gulickx** 4th in the 200m B Final, **Frances Smithson** 5th in the high jump and 6th in the triple jump, and **Phyllis Agbo** 4th in the 60m hurdles and 6th in the shot*

### BUSA Outdoors

Special mention to **Ben Richardson** who through some awful seeding was edged out in the heats of the 110mH in spite of running 14.67, a time which would have placed 2nd in the final.

### BUSA OUTDOORS

|   |                     |            |
|---|---------------------|------------|
| 1 | Steve Green         | 400mH      |
| 1 | Liz Murphy          | Heptathlon |
| 2 | Ben Carne           | 400mH      |
| 4 | Oxford men          | 4 x 400    |
| 5 | Martine Bomb        | 100mH      |
| 5 | Florence Cavalli    | PV         |
| 5 | Matt Grant          | 3000mSC    |
| 6 | Courtney Birch      | 5000m      |
| 6 | Frances Smithson    | HJ         |
| 7 | Sean Gourley        | SP         |
| 7 | Sean Gourley        | DT         |
| 8 | Liz Murphy          | LJ         |
| 8 | Liz Murphy          | SP         |
| 8 | Josh Abraham-Steele | HT         |



## SPOTLIGHT ON THE CLUB'S CHAIRMAN



Dr Dewi Roberts after being sworn in as High Sheriff of Gwynedd, with fellow member Gwyn Bevan (see also the feature on Hubble)



Dai winning the Varsity Freshmens 100 yards at Fenners in October 1958



Winning the Varsity match 100 yards at The White City Stadium in June

Dai represented Wales at the British Empire and Commonwealth Games of 1962. He writes:

*"In November Sheila and I attended a dinner in Cardiff to celebrate the centenary of the founding of the Welsh AAA, and to inaugurate the Hall of Fame.*

*"It was a remarkable evening, and enabled me to meet many old friends, including my sparring partner and fellow member of the relay team Ron Jones.*

*"We shared a table with John Disley, and three former Achilles members, Bob Shaw and his wife, Phillip Morgan, and his brother Richard with his wife.*

*"John Disley, Steve Jones, Lynn Davis, Colin Jackson, and Tanni Grey-Thompson were inaugurated into the Hall of Fame. Clive Williams went around every table and with his prodigious memory introduced everyone with their performances-a great feat."*

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- Andy Barber's new venture (with apologies for spelling error last year)

## LORD MAYOR OF LONDON

Another member bearing high office this year is equally proud if his own Welsh heritage: the current Lord Mayor of London, **David Lewis**, was a hurdler for OUAC during the late 1960s, and is a former senior partner of lawyers Norton Rose







**BRITISK:** Det var hele 16 nasjonaliteter representert på Møretidslopet, deriblant 27 briter. Her er Mark Steed fra The Achilles Club.

## ACHILLES MINI TOUR TO TROMSO

**Mark Steed** (left, in this year's event) will take an Achilles party to Tromso's next Polar Sun Half Marathon and 10k (likely to be Saturday 3rd January 2009. Info on the race is at [www.msm.no](http://www.msm.no)). "The course is relatively flat. This year there was no snow [first time since 1984] but it was cold [-7 and -15 with wind-chill]. I ran my Half Marathon pb [1:45.44 - running to keep warm!] and saw the Northern Lights during the race."

## VARSITY FIELD EVENTS AND RELAYS GO INDOORS

A landmark in the distinguished history of the Oxford V Cambridge Relays Match is reached this month, when the event is to be held indoors for the first time, at Lee Valley (right). It will be sad to lose the arcane 4 x 200m hurdles shuttle relay, but from the athlete point of view the improved environment can only be beneficial. The Field Events Match will be held concurrently, with long throws on the adjacent outdoor arena.

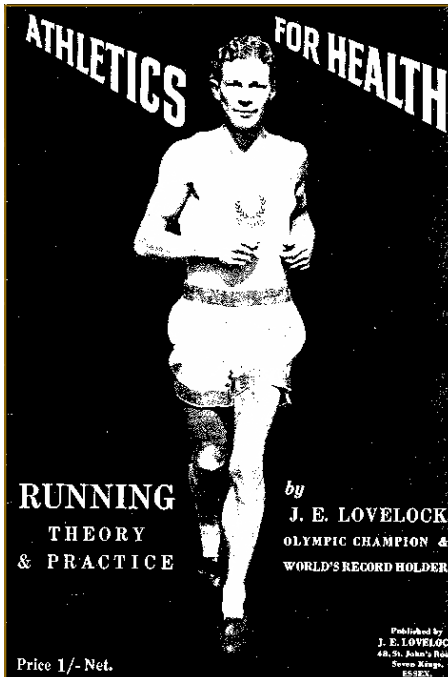


**Richard Oldcorn**, four times an Olympic fencer and Gold Medallist at the 1966 Empire & Commonwealth Games, points out that we have omitted him from recent rolls of honour, for which we apologise sincerely. "I remember in 1964 the look of astonishment on Robert Stinson's face when, as part of the BOA welcoming reception at Heathrow for the very successful team returning from Tokyo, he had to greet me. Knowing me only as an average discus thrower, this was understandable!" Now approaching 70, Richard placed 15th in last year's Fencing Veteran World Championships.

Julia Church is lead physio-therapist for the British Judo team.



**Jenny Purves-Smith** has founded *ExploreMore*, a company arranging personalised guided walking holidays in western Crete, where she now lives. See [www.exploremore.co.uk](http://www.exploremore.co.uk) or contact Jenny at [jps@exploremore.co.uk](mailto:jps@exploremore.co.uk)



A new book about **Jack Lovelock** (whose own privately published 1937 pamphlet is illustrated left) is due out in August. Lovelock was at Exeter College, Oxford, as a New Zealand Rhodes Scholar 1931-1934, during which time he broke the world mile record in Oxford and Cambridge vs Princeton and Cornell match. As President of OUAC he led them to long-sought victories over Cambridge in the 'Varsity Sports, Relays and Cross-Country.

Jack capped his great career with a gold medal and world record in the 1500 metres at the 1936 Berlin Olympics, still considered one of the greatest 1500 metres races of all time.

Throughout this sporting career he kept a remarkable series of journals, diaries and albums which are now held at the Alexander Turnbull Library in New Zealand. They give lively descriptions of all his races and they are now being edited for publication by David Colquhoun, who is Curator of Manuscripts at the Turnbull, and a keen runner himself.

The book will be published in autumn 2008. For more details contact Simon Molden at [scmolden@madasafish.com](mailto:scmolden@madasafish.com).

**Saul Benjamin**, recently returned to the U.S. reports on the tragic death of his Rhodes contemporary, Tom O'Brien (Jesus College, Oxford) whom although not an athlete many contemporaries may remember. Saul is to take up the CEO's leadership chores for The Daniel Pearl Foundation, based in Los Angeles but working in the Middle East and Pakistan

## KINNAIRD AND SWARD TROPHIES MEETING 2007

A good day saw Achilles carry off some silverware: The Kinnaird Trophy (for track events), and the RS Hawkes Trophy (won by Andy Owen in the 800m). Ben Richardson won two events, and Claire Day and Anair Beverley stood in admirably for absent males in the 1500m. Mike Conerney competed for rather than against us at last, and Mike Collins, Grant Stirling and Bilan Ahmet were kept busy, but they could not quite prevent St Mary's from retaining the Sward Trophy.

**100m A**, 1 Ben Richardson Ach 11.1, 2 Neil Francis B&B 11.1, 3 David Cook HW 11.2.....**100m B + n/s**, 1 Kelvin Callender (U20) n/s Reading 11.2, .... 6 Max Clarfelt(U20) n/s Ach 11.8, 7 Dave Gardiner Ach 12.0, 8 Mark Ponsford(U20) n/s Ach 12.0,  
**100m C**, .... 7 Joel Taylor Ach 12.7,  
**200m A+B**, 1 Ben Richardson Ach 22.5, 2 Dwayne Dowding HW 22.7, 3 ..... 6 Kieran Millar Ach 23.4, 7 Deji Allen HW 23.9,  
**200m C**, 1 Kelvin Callender (U20) Reading 23.0, 2 Mark Ponsford(U20) Ach 24.1, 3 David Gardiner Ach 24.4, 4 Ka Chuen To HW 24.7, 5 Charlie Rometo Ach 25.3, 6 Jake Budd(U17) K&P 25.6, 7 Alan James Ach 25.8..... **200m D**, 1 Gareth Price Southampton 22.9, ... 6 Grant Stirling Ach 24.2, 7 Oore Sokoya (U20) K&P 24.6...  
**400m A + n/s**, 1 Steve Johnson WSEH 49.2... 6 Andy Owen Ach 51.5, 7 Matt Parsons HW 51.7, 8 Toby Sandeman TVH 51.7, **400m B** 1 Dave Taylor K&P 49.8.... 7 Frank Hutton-Williams Ach 52.7, 8 Alex Jackson(U20) n/s E&E 55.  
**800m A**, 1 Andy Owen Ach 1.55.7 (RS Hawkes Trophy), 2 Lee Taylor SMR/GIB 1.57.4, 3 Alex Tovey WSEH 1.59.7, .... **800m B** Lee Harper Ach 2.02.7, 2 Alex Hawkins n/s E&E 2.04.9...  
**1500m A+B** 1 Gary Bradbury n/s Woking 4.02.0.... 6 Claire Day (SW) Ach 4.45.3... 8 Anair Beverley(SW) Ach 5.21.7,  
**3000m A+B+n/s**, 1 Alex Hawkins E&E 9.17.3, 2 Deon Coetzee HW 9.51.1, 3 Lee Harper Ach 9.55.8..., 6 Jamie Brinning Ach 10.10.0, .... 9 Chris Morris n/s Ach 10.20.9, ... 11 Charles Lutz Ach 10.41.0...  
**110m Hurdles A+B** 1 Ben Richardson Ach 15.3, 2 James Parker E&E 15.7, 3 Matt Field(U20) K&P 16.2, 4 Mike Collins n/s Ach 16.3, 5 Austin Ferns HW 16.6, 6 Grant Stirling Ach 16.7,  
**400m Hurdles A**, 1 Austin Ferns HW 53.6, ... 7 Charlie Rometo Ach 63.6, **400m Hurdles B**, 1 Steve Davies HW 56.9, ...3 Bilan Ahmet Ach 64.6,  
**2000m Steeplechase A+B**, 1 Alex Bruce-Littlewood HW 6.24.2, 2 Andy Arbour K&P 6.50.4, 3 Jamie Brunning Ach 7.08.5, ... 5 Chris Morris Ach 7.38.5,  
**4 x 100m Relay**, 1 Achilles 44.0, 2 HW 44.6, 3 K&P 45.2, 4 E&E 46.4, 5 Achilles B 46.4,  
**4 x 400m Relay**, 1 Achilles 3.20.5, 2 K&P 3.27.7, 3 E&E 3.48.5, 4 Achilles B 3.49.9,

### KINNAIRD TROPHY RESULT

**1 ACHILLES 225**, 2 KINGSTON & POLY 172, 3 HERCULES WIMBLEDON 155, 4 EPSOM & EWELL 136, 5 WINDSOR,SE&H 92, 6 BLACKHEATH & B 78, 7 TVH 31, 8 ST MARYS 14.

**Shot A**, 1 Kyle Stevens K&P 14.36, 2 Mike Collins Ach 12.08...

**Shot B**, 1 Adam Richardson SMR 11.05, 2 Mike Conerney Ach 10.04, 3 Humphrey Waddington K&P 8.75... **Shot n/s**, Andy Wheble Ach 10.50,

**Discus A**, 1 Felice Miele HW 44.64, 2 Michael Conerney Ach 42.98, 3 Kyle Stevens K&P 38.19... **Discus B**, 1 Andy Wheble Ach 35.63, 2 Adam Richardson SMR 32.79... Humphrey Waddington K&P 26.53, **n/s**, Grant Stirling Ach 22.78,

**Hammer A**, 1 Steve Sammut WSEH 55.77, 2 Gareth Cook K&P 54.03... 5 Andy Wheble Ach 30.40, 6 John Brown HW 28.34, 7 Graham Lowe E&E 23.59, **Hammer B**, Charlie Rometo Ach n/t,

**Javelin A**, 1 Felix Hatton K&P 62.06, 2 Mike Collins Ach 42.43, 3 Paul Derrien SMR 41.40...**Javelin B**, 1 Chris Dack K&P 58.73, ...5 Andy Wheble Ach 32.68... **n/s**, Humphrey Waddington K&P/Ach 42.45, Les Hatton(V55) K&P/Ach 37.82, Grant Stirling Ach 35.24.

**High Jump A**, 1 Cameron Lake WSEH 1.95 ... 3 Grant Stirling Ach 1.65, **High Jump B**, 1 Graham Cole WSEH 1.75, 2 Bilan Ahmet Ach 1.50, 3 Humphrey Waddington K&P 1.00

**Pole Vault A**, 1 Greg Conlon TVH 4.10, 2 Steve Walker(U20) WSEH 4.00, 3 Mike Collins Ach 3.60, 4 Gordon Lester(U17) K&P 3.60...., **Pole Vault B**, 1 Iain Grierson WSEH 3.20, 2 Bilan Ahmet Ach 3.20, 3 Dominic Getting HW 2.8,

**Long Jump A**, 1 David Cook HW 6.88, 2 James Heptonstall K&P 6.66, 3 Mike Collins Ach 6.05, 4 Marcus Morrison B&B 5.86... **Long Jump B**, 1 Royden John HW 6.58, ...5 James Osunsanmi Ach 5.41, n/s, Grant Stirling Ach 6.28

**Triple Jump A**, 1 Marcus Morrison B&B 13.59, 2 Grant Stirling Ach 13.05, 3 Patrick Hillyer(U17) K&P 11.45 ...**Triple Jump B**, 1 James Osunsanmi Ach 12.72 .. n/s, Bilan Ahmet Ach 11.59

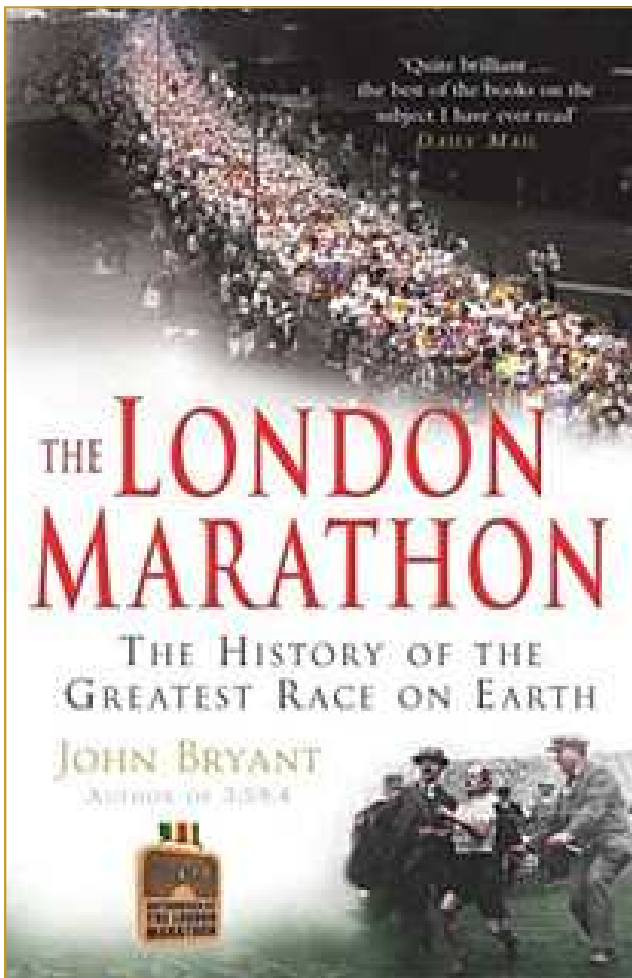
### SWARD TROPHY RESULT

1 WINDSOR SLOUGH ETON & HOUNSLOW 170, **2 ACHILLES 162**, 3 KINGSTON & POLYTECHNIC 160, 4 HERCULES WIMBLEDON 100, 5 ST MARYS RICHMOND 78, 6 BLACKHEATH & BROMLEY 60, 7 EPSOM & EWELL 39, 8 THAMES VALLEY 28



"Toleme admits he isn't buff enough"





## 2007 LONDON MARATHON

| Place |   | Age group place           |                           |          |
|-------|---|---------------------------|---------------------------|----------|
| 6     | W | <b>Mara Yamauchi</b>      | Achilles                  | 02:25:41 |
| 46    | W | <b>Jessica Leitch</b>     | Oxford                    | 02:58:11 |
| 168   | W | <b>Julie Deegan</b>       | 31st W40 Achilles         | 03:14:36 |
| 213   | W | <b>Clare Martin</b>       | Achilles/Newport          | 03:18:31 |
| 613   | W | <b>Laura Spence</b>       | Cambridge                 | 03:37:55 |
| 1135  | W | <b>Anna Barker</b>        | Oxford                    | 03:52:27 |
| 2033  | W | <b>Louise Craigie</b>     | Achilles                  | 04:10:37 |
| 4670  | W | <b>Clare Ridgley</b>      | Achilles                  | 04:48:17 |
| 59    |   | <b>Diarmuid O'Seaghda</b> | Cambridge                 | 02:34:12 |
| 188   |   | <b>Rowan Hooper</b>       | Cambridge                 | 02:43:03 |
| 615   |   | <b>Ulrich Paquet</b>      | Cambridge                 | 02:56:45 |
| 1214  |   | <b>Chris Morris</b>       | Cambridge                 | 03:06:58 |
| 1288  |   | <b>Nick Brawn</b>         | 71st M50 Achilles/Invicta | 03:08:02 |
| 1419  |   | <b>Simon Gilbert</b>      | Cambridge                 | 03:09:44 |
| 1612  |   | <b>Peter Cunningham</b>   | 203rd M45 Cambridge       | 03:12:17 |
| 1624  |   | <b>Markey Sankey</b>      | Cambridge                 | 03:12:26 |
| 2051  |   | <b>Andy Robinson</b>      | 466th M40 Achilles        | 03:17:41 |
| 4394  |   | <b>Roger Griffin</b>      | 2nd M70 Cambridge         | 03:39:13 |
| 8584  |   | <b>David Arthur</b>       | Cambridge                 | 04:06:11 |
| 10245 |   | <b>Mark Steed</b>         | 1911 M40 Achilles         | 04:16:10 |
| 15297 |   | <b>Timothy Culshaw</b>    | Cambridge                 | 04:44:27 |
| 16078 |   | <b>Jolyon Clulow</b>      | Cambridge                 | 04:49:13 |
| 17731 |   | <b>Mark Coley</b>         | Cambridge                 | 04:59:11 |
| 21068 |   | <b>John Bryant</b>        | 432 M60 Achilles/Thames   | 05:26:41 |

*Above left: John Bryant's definitive book chronicling the London Marathon to date*

*Above right: Mara Yamauchi on her way to 6th place and a new pb*

No doubt there were other members running, too –apologies to those we have missed!

**Remember to give us your EMAIL ADDRESS if you are not getting notification of Club events, dinners, etc during the course of the year. Please drop a quick email to [paul.willcox@achilles.org](mailto:paul.willcox@achilles.org)**

**DON'T MISS OUT!**



**THE 133RD VARSITY MATCH,  
19th May 2007 at Wilberforce Road, Cambridge**

**Mens' Blues Match**

100m (+3.4 m/s) B Richardson (C) 10.89, T Ezekiel (O) 11.03,  
K Millar (C) 11.04, R Mhrshani (O) 11.14

200m (+4.7 m/s) B Richardson (C) 22.32, B Carne (C) 22.43, T  
Ezekiel (O) 23.00, P Duggleby (O) 23.21

400m B Carne (C) 49.62, K Millar (C) 50.09, P Duggleby (O)  
50.32, J Richards (O) 51.74

800m A Owen (C) 1:56.76, R Hildick-Smith (O) 1:56.97, M  
Armstrong (C) 1:57.15, R Campbell (O) 1:58.98

1500m J Blackledge (O) 3:58.23, J Kelly (C) 4:00.37, B Moreau  
(O) 4:00.45, J Cook (C) 4:01.82

5000m B Moreau (O) 15:22.27, I Kimpton (O) 15:24.86, O Bris-  
tow (C) 15:31.11, J Kelly (C)

15:33.85

110m h (+4.4 m/s) B Richardson (C) 15.00, M Collins (C) 15.55,  
O Connor (O) 17.43, D Eckersley (O) 18.34

200m h (+4.3 m/s) M Collins (C) 24.99, J Molacek (C) 26.13, D  
Eckersley (O) 26.37, J Buckler (O) 27.17

400m hurdles B Carne (C) 52.47, J Molacek (C) 58.20, D Ecker-  
sley (O) 58.45, C Storey (O) 61.45

3000m steeplechase P Natali (C) 9:52.03, M Grant (C) 9:54.08,  
S Granger-Bevan (O) 10:15.8, M Bishop (O) 10:33.95

High Jump M Haslett (C) 1.95, A Bennett (C) 1.80, J Wilkins (O)  
1.80, P Goult (O) 1.75

Pole Vault M Collins (C) 3.60, R Navaratnam (C) 3.60, J Heath (O) 3.40, R Ettenfield (O) 3.40

Long Jump J Lowe (O) 6.82, H Waddington (C) 6.49, A Adeyemi (C) 6.47, J Buckler (O) 4.38

Triple Jump H Waddington (C) 13.95, J Lowe (O) 13.84, A Adeyemi (C) 13.27, J Osunsanmi (O) 12.71

Shot J Theriac (C) 13.73, O Bournat (C) 12.95, S Marlow (O) 11.42, J Rider (O) 10.28

Discus S Marlow (O) 42.20, J Theriac (C) 42.15, A Wheble (C) 37.49, B Cossey (O) 37.24

Hammer J Theriac (C) 47.94, J Abraham-Steele (O) 42.81, A Lee (C) 40.79, S Marlow (O) 34.60

Javelin J Rider (O) 58.80, D Harding (O) 51.89, M Collins (C) 42.41, H Waddington (C) 40.34

4 x 100m relay Cambridge (Stevens, Carne, Millar, Richardson) 43.20, Oxford (Mhrshani, Boto, Richards, Ezekiel) 43.50

4 x 400m relay Cambridge (Millar c53, Hutton-Williams c52, Owen c49, Carne c48) 3:22.43, Oxford (Morrisey 51.9, Richards 50.3, Boto 51.3, Duggleby 49.2) 3:22.59

**Result: Cambridge 130, Oxford 82**

**Womens' Blues Match**

100m (+4.6 m/s) P Agbo (C) 12.03 **ground rec**, M Bomb (O) 12.53, L Spray (C) 12.61, D Smith (O) 13.1

200m (+4.4 m/s) P Agbo (C) 24.86, L Spray (C) 25.62, M Bomb (O) 25.86, N McManus (O) 26.25

400m N McManus (O) 59.11, A Hackney (C) 60.20, M Patston (C) 61.89, J Rieck (O) 62.42

800m C Day (C) 2:21.65, M Johns (O) 2:23.47, P Keen (C)  
2:24.17, L Kyte (O) 2:25.98

1500m A Crocker (O) 4:50.86, C Day (C) 4:55.31, P Keen  
(C) 5:04.78, M Johns (O) 5:07.93

5000m C Birch (O) 17:37.70, A Crocker (O) 17:53.30, C  
Forbes (C) 18:15.52, L Spence (C) 19:50.85

100m hurdles (+5.2 m/s) P Agbo (C) 13.86 **match and  
ground rec**, M Bomb (O) 14.41, A Hackney (C) 15.81,  
S Hughes (O) 16.56

400m hurdles M Bomb (O) 63.4, L Spray (C) 65.5, S  
Hughes (O) 67.3, J Fogarty (C) 70.6

High Jump F Smithson (O) 1.66, L Murphy (O) 1.63, E Bod-  
man (C) 1.63, P Agbo (C) 1.45



Pole Vault F Cavalli (C) 3.00, S Williams (C) 2.70, E Hammond (O) 2.40, M Cecire (O) 1.70

Long Jump P Agbo (C) 5.77, L Murphy(O) 5.44, S Madgett (O) 5.37, L McGarty (C) 4.88

Triple Jump P Agbo (C) 12.51 **match rec**, F Smithson (O) 12.07, L Murphy (O) 11.09, L McGarty (C) 10.65

Shot P Agbo (C) 11.68, L Murphy (O) 10.88, C Palmer (C) 9.99, R Stone (O) 9.92

Discus H Hogben (O) 30.33, C Palmer (C) 27.13, P Agbo (C) 27.12, A Svensson (O) 23.23

Hammer H Hogben (O) 38.44, J Melluish (C) 32.18, L Steele (O) 29.14, Z Leake (C) 28.76

Javelin P Agbo (C) 40.88 **match rec**, L Murphy (O) 33.11, R Stone (O) 32.03, C Palmer (C) 31.84

4 x 100m relay Oxford (Hughes, Smith, Smithson, Bomb) 50.80 [Cambridge (Hackney, Spray, Oakley, Agbo) 51.44, were disqualified for a faulty takeover]

4 x 400m relay Oxford (Bomb 59.3, Hughes 63.0, Rieck 61.2, McManus 56.5) 3:59.94, Cambridge (Hackney c62, Patston c63, Spray c58, Agbo c60) 4:03.09

**Result: Oxford 95, Cambridge 93**



*Previous page. Humphrey Waddington; Phyllis Agbo set a new 100m hurdles record and revenged for last year's defeat by Martine Bomb.*

*This page (from top) Ben Richardson; Toleme Ezekiel & Richardson; Ben Carne pips Jonan Boto on the line; Steph Cook made the presentations*

*Next page: former CUAC presidents Andy Owen, Andy Hodge and Dan Bray*



#### Awards

The Drake-Digby Trophy for the best performance in the Mens' Match:

**Ben Carne (CUAC)**

The Susan Dennler Trophy for the best performance in the Womens' Match:

**Phyllis Agbo (CUAC)**

The Le Touquet Trophy, for the most improved athlete during the 2006-7 season:

**Mike Collins (CUAC)**

The Paul Gomme Trophy, for the best throwing performance of the season:

**Garrett Johnson (OUAC)**

The Achilles Trophy, for outstanding contribution to Oxbridge athletics:

**Mike Collins (CUAC)**

The Steven Stuart Trophy, for the most 'notable' second-team performance: **Flynn Castles (CUAC)**



### Mens' Second Team Match (Oxford Centipedes v Cambridge Alverstone)

100m (+4.7 m/s) D Ekpe (C) 11.23, N Stevens (C) 11.42, M Ponsford (O) 11.57, K O'Donnell (O) 11.62  
200m (+3.7 m/s) M Ponsford (O) 23.06, D Ekpe (C) 23.09, N Stevens (C) 23.13, T Sandole (O) 23.96  
400m J Morrissey (O) 51.54, F Hutton-Williams (C) 52.47, T Sandole (O) 53.05, D Nefs (C) 55.26  
800m R Larsen (O) 2:02.47, W Rice (C) 2:02.73, C Coulsting (C) 2:04.03, E Pisano (O) 2:14.5  
1500m A Chetwynd (O) 4:14.91, L Rane (C) 4:18.90, L Harper (C) 4:22.98, T Douglas (O) 4:26.97  
5000m Ben Hope (C) 15:48.25, J Mercer (O) 16:17.4, M.Sims (O) 16:24.79, Andy Duncan (C) 16:43.7  
110m hurdles (+5.9 m/s) J Wheeler (C) 16.61, A Petsas (C) 16.72, C Loudon (O) 18.19, L Williams (O) 20.60  
200m hurdles C Romito (C) 28.6, T Stoker (C) 28.9, A O'Leary (O) 31.1 [C Loudon (O) was disqualified]  
400m hurdle C Romito (C) 63.52, B Ahmet (C) 65.64, A O'Leary (O) 66.90, L Williams (O) 69.02



3000m steeplechase J Brunning (C) 10:36.92, S Marshall (O) 10:38.03, Nick Juravich (O) 10:49.12, A Leach (C) 10:54.32  
High Jump S Gourley (O) 1.80, J Warner (O) and B Ahmet (C) 1.65, F Castles (C) 1.50  
Pole Vault S Gourley (O) 4.00, T Henshaw (C) 3.40, B Ahmet (C) 3.00, L Williams (O) 2.80  
Long Jump S Gourley (O) 6.91, G Kenyon (C) 6.26, C Plastiris (C) 5.96, M Kalveyanski (O) 5.85  
Triple Jump J Hughes (O) 12.77, C Drechsel-Grau (C) 12.51, M Ponsford (O) 11.88, P Whitfield (C) 9.49  
Shot S Gourley (O) 12.79, D Bulley (C) 10.90, L Pilbeam (C) 10.04, W Cowie (O) 9.71  
Discus S Gourley (O) 35.48, K Tadinada (C) 29.37, B Ahmet (C) 27.04, W Cowie (O) 24.32  
Hammer G Dickens (C) 30.46, B Ahmet (C) 21.60, P Satterthwaite (O) 20.92, W Cowie (O) 19.13  
Javelin E Gunn (C) 53.98, P Harding (O) 49.21, P Satterthwaite (O) 45.10, A Fitchie (C) 41.63  
4 x 100m relay Cambridge Alverstone (Adeyeme,

Collins, Kenyon, Ekpe) 43.60 **match record**, Oxford Centipedes 44.56

4 x 400m relay Oxford Centipedes (X 53.8, XX 54.2, Y 52.5, YY50.5) 3:30.63, Cambridge Alverstone (Molacek, Coulsting, Rice, Cook) 3:33.05

**Result: Cambridge Alverstone 111.5, Oxford Centipedes 99.5**

### Womens' Second Team Match (Oxford Millipedes v Cambridge Alligators)

100m (+3.5 m/s) M Gullickx (C) 12.89, L Oakley (C) 13.2, C Barnett (O) 13.42, O Johnson-Sherlock (O) 13.77

200m (+2.3 m/s) M Gullickx (C) 26.86, C Barnett (O) 27.66, L Oakley (C) 27.96, E Binner (O) 28.08

400m M Gullickx (C) 62.66, E Binner (O) 64.43, C Mactier (C) 65.95, E Teichmann (O) 68.61

800m L Dixon (C) 2:28.03, Z Barber (O) 2:28.57, K Ricci (O) 2:28.86, J Mackey (C) 2:33.64

1500m K Ricci (O) 5:05.82, H Owles (C) 5:14.24, Z Barber (O) 5:21.82, L Dixon (C) 5:27.95

5000m C Ansell (O) 18:17.0 **match record**, J Leitch (O) 18:37.34, H Mort (C) 19:31.30, E Smith (C) 22:06.76

100m hurdles (+3.7 m/s) O Johnson-Sherlock (O) 16.63, K Irgin (C) 17.58, R Riiser (C) 21.32, A Beverley (O) 22.73

400m hurdles E Nalson (C) 75.28, Anair Beverley (O) 83.65, E Teichmann (O) 90.95 [J Liu (C) dnf]

2000m steeplechase A Crocker (O) 7:29.29, P Keen (C) 7:36.24, Anair Beverley (O) 8:01.49, H Mort (C) 8:08.82

High Jump S Fielding-Smith (C) 1.45, Anair Beverley (O) and R Riiser (C) 1.35, L Groom (O) 1.10

Pole Vault E Nalson (C) 2.30 **match record**, J Baker (O) 2.00, L Groom (O) and J Liu (C) 1.40

Long Jump E Teichmann (O) 4.59, L Groom (O) 4.52, M Gullickx (C) 4.49, S Fielding-Smith (C) 4.44

Triple Jump P Bointon (C) 9.79, L Groom (O) 9.77, E Nalson (C) 9.64, S Pierce (O) 8.67

Shot D Etiebet (C) 8.60, S Pierce (O) 8.17, H Maduka (C) 8.03, J Tyrrell (O) 7.54

Discus H Maduka (C) 25.05, D Etiebet (C) 23.26, J Tyrrell (O) 17.71, S Pierce (O) 16.24

Hammer H Maduka (C) 32.15 **match record**, D Etiebet (C) 25.98, L Groom (O) 21.06, J Tyrrell (O) 19.33

Javelin G Rose (C) 28.29, K Clark (C) 27.52, Anair Beverley (O) 16.33, S Pierce (O) 16.24

4 x 100m relay Cambridge Alligators (Fogarty, Nalson, McGarty, Gullickx) 53.39 [Oxford Millipedes (Madgett, Johnson-Sherlock, Binner, Barnett) 57.8, were disqualified]

4 x 400m relay Cambridge Alligators (Fogarty, Day, Mactier, Gullickx) 4:19.42, Oxford Millipedes (Binner 69.9, Barnett 66.9, Johns 65.6, Barber 69.5) 4:31.69

**Result: Cambridge Alligators 114, Oxford Millipedes 84**  
CJRT 23.5.2007



# ACHILLES V LOUGHBOROUGH V BRITISH POLICE

7th June 2007

Achilles' women had only one fixture this year, but grasped the opportunity to snatch a victory over the mighty Loughborough by dint of some determined event coverage. Liz Murphy scored particularly highly.

## Men

### 100m Wind -2.2

- 1 Brad Williams LSAC 11.16
- 2 Sean Taylor Corby 11.23
- 3 Toleme Ezekiel Achilles 11.31
- 4 Patrick Swann LSAC Gst 11.57
- 5 Paul Webster British Police 11.61
- 6 Warren Fenn LSAC 11.94
- 7 Greg Richards British Police 12.01
- 8 Kieran O'Donnel Achilles 12.19

### 400m

- 1 Paul Goodall LSAC 49.10
- 2 Ben Green LSAC 49.25
- 3 Andy Owen Achilles 50.26
- 4 Jayson Richards British Police 54.46

### 110m Hurdles Wind -1.3

- 1 Jeff Wheeler Achilles 18.37
- 2 Ian Mawdsley British Police 19.87
- 3 Ollie Culver Achilles DNF

### 200m Wind -0.5

- 1 Patrick Swann LSAC 22.36

- 3 Tom Dunn Unattached 6.37m
- 4 Dan Leonard LSAC 6.29m
- 5 Mike Collins Achilles 6.15m
- 6 Andy Owen Achilles 5.43m

### Hammer

- 1 John Pearson LSAC 61.11m
- 2 Matt Lambley LSAC 58.93m
- 3 Rob Careless British Police 56.84m
- 4 Josh Abraham Steele Achilles 38.65m

### Shot

- 1 Mike Collins Achilles 11.61m
- 2 Tom Crick LSAC 8.71m
- 3 Andy Owen Achilles 7.87m

### Discus Men

- 1 David Feeney LSAC 35.02m
- 2 Mike Collins Achilles 32.22m
- 3 Andy Owens Achilles 23.66m

### Match

**Loughborough 154Pts**  
**Achilles 55 pts**  
**British Police 51 Pts**



Lucy Spray

### 200m Wind -1.6

- 1 Lucy Spray Achilles 26.28
- 2 Monique Gulickx Achilles 27.03
- 3 Emily Binner Achilles Gst 28.52
- 4 Liz Murphy Achilles Gst 28.84

### 4x100 Relay

- 1 Achilles 54.28

### High Jump

- 1 Frances Smithson Achilles 1.65m
- 2 Liz Murphy Achilles 1.60m

### Long Jump

- 1 Steph Madgett Achilles 5.00m
- 2 Laura McGorty Achilles 4.74m

### Shot

- 1 Liz Murphy Achilles 10.46m
- 2 Clare Palmer Achilles 10.12m
- 3 Clare Cameron British Police 9.88m
- 4 Susan Bagnall LSAC 6.97m

### Triple Jump Women

- 1 Jo Bailey LSAC 11.19m
- 2 Nicola Breaks LSAC 11.07m
- 3 Laura McGorty Achilles 10.07m
- 4 Caroline Amiss LSAC Gst 9.66m

### Javelin Women

- 1 Alison Siggery LSAC 40.84m
- 2 Clare Palmer Achilles 31.88m
- 3 Nicola Breaks LSAC 31.31m

### Match

**Achilles 92 Pts**  
**Loughborough 85 Pts**  
**Brunel 23 Pts**



- 2 Nick Little LSAC 22.38
- 3 Kieran Miller Achilles 22.49
- 4 Paul Webster British Police 23.11
- 5 Greg Richards British Police 24.09
- 6 Josh Abraham Steele Achilles 24.94

### 4x 100m

- 1 Achilles 43.80
- 2 LSAC 44.65

### High Jump

- 1 Peter Ringel LSAC Gst 2.00m
- 2 Jamie Thomas LSAC 1.95m
- 3 Hadley Winthrop LSAC 1.90m
- 4eq Ekachai Field LSAC Gst 1.80m
- 4eq Ricardo Twumasi LSAC Gst 1.80m
- 6 Andy Owen Achilles 1.50m

### Long Jump

- 1 Andy Bell LSAC 7.10m
- 2 Ekachai Field LSAC Gst 6.85m

## Women

### 400m Hurdles

- 1 Sarah Adams LSAC 59.25
- 2 Maria Crowe LSAC 62.50
- 3 Kath Dunn LSAC Gst 64.70
- 4 Lucy Spray Achilles 72.35

### 100m wind -1.7

- 1 Suzanne McGowan British Police 13.35
- 2 Monique Gulickx Achilles 13.38

### 400m

- 1 Kathrine Jones LSAC 54.67
- 2 Becky Syrocki LSAC Gst 58.39
- 3 Naomi Hutching LSAC 59.81
- 4 Coral Burkill LSAC Gst 63.89
- 5 Emily Binner Achilles 65.43

### 100m Hurdles wind -2.1

- 1 Liz Murphy Achilles 16.80

# 41ST OXFORD & CAMBRIDGE VS HARVARD & YALE TRACK AND FIELD SPORTS

Sir Roger Bannister Track, Oxford, 27 June 2007



Harvard & Yale's visit was overshadowed by the shock death of coach Paul Turner (right) on the very day of their departure. They pressed on, as Paul would have insisted. We welcomed Jason Saretsky, who had taken over from Frank Haggerty as Chief Coach at Harvard.

## Women

### 400m Hurdles

Martine Bomb Ox/  
Cam1:01.94 Katherine Dlesk Har/Yale  
1:04.41 Sally Hughes Ox/Cam1:17.95

### Long Jump

Brittan Smith Har/Yale 5.92  
Liz Murphy Ox/Cam5.50 Frances Smith-  
son Ox/Cam5.39

### 800m

Meredith Leenhouts Har/Yale  
2:12.45 Aishling O'Callaghan Har/Yale  
2:18.18 Claire Day Ox/Cam2:21.18 Ma-  
rina Johns Ox/Cam2:24.09 *NS Stephany  
Reaves Har/Yale 2:18.20 NS Kathryn  
Schleckser Har/Yale 2:18.85*

### 100m Wind -2.1 M/S

Katrina Castille  
Har/Yale 12.51 Katie Skelding Ox/  
Cam12.60 Brittan Smith Har/Yale 13.09  
Lucy Spray Ox/Cam13.27

### 100m Hurdles

Wind -2.1 M/S Martine  
Bomb Ox/Cam14.85 Danielle Mirabal  
Har/Yale 15.43 Alison Hackney Ox/  
Cam18.04

### Hammer

at Horspath Athletics Track  
Erica Davis Har/Yale 46.18 Molly Boyle  
Har/Yale 43.05 Hannah Hogben Ox/  
Cam38.60 Joanna Melliush Ox/

Cam31.33

**Discus** at Horspath Athletics Track Erica  
Davis Har/Yale 47.84 Hannah Hogben Ox/  
Cam31.81 Clare Palmer Ox/Cam26.76

### 5000m

Katie Mckinstry Har/Yale 17:36.74  
Stacy Carlson Har/Yale 18:09.64 Kathy  
Ansell Ox/Cam18:18.51

### 400m

Claudia Duncan Har/Yale 57.41 Nata-  
lie McManus Ox/Cam58.40 Jess Paul Har/  
Yale 59.22 Jana Rieck Ox/Cam1:03.7

### Shot

Erica Davis Har/Yale 13.43 Phyllis  
Agbo Ox/Cam11.60 Liz Murphy Ox/  
Cam10.58

### One Mile

Lindsay Donaldson Har/Yale  
04:57.23 Courtney Birch Ox/Cam5:04.02  
Kelly Buck Har/Yale 5:14.48 Claire Day Ox/  
Cam5:23.51 *NS Allyson Rinderle Har/Yale  
5:10.36*

### Pole Vault

Sally Stanton Har/Yale 3.50  
Ashley Nolet Har/Yale 3.35 Florence Cavalli  
Ox/Cam3.20 Sarah Williams Ox/Cam2.60

### High Jump

Becky Christensen Har/Yale  
1.75 Frances Smithson Ox/Cam1.70 Liz  
Murphy Ox/Cam1.55

### 200m

Wind -2.1 M/S Katie Skelding Ox/

Cam25.47

Katrina Castille  
Har/Yale 25.90  
Lucy Spray Ox/Cam26.78

### Triple Jump

Frances Smithson Ox/  
Cam11.75

### Javelin

Eda Karesin Har/Yale 43.76  
Julia Pederson Har/Yale 39.43 Phyllis  
Agbo Ox/Cam37.95 Liz Murphy Ox/  
Cam31.39 *NS Evan Favermann Har/Yale  
35.84*

### 4x100m relay

Har/Yale 48.51 Ox/  
Cam48.59

### 3000m Steeplechase

Elizabeth Calle  
Har/Yale 11:09.84 Polly Keen Ox/  
Cam11:36.07

### 4x400m relay

Har/Yale 3:53.39 Ox/  
Cam3:59.85

## Men

### 100m

wind -2.2m/s Brandon Giles (Yale)  
11.12 Tolome Ezekiel (Oxford) 11.21  
Omari Douglas-Hall (Yale) 11.23  
Ben Richardson (Cambridge) 11.31

### 200m

wind -1.3m/s Brandon Giles (Yale)  
22.28 Ben Richardson (Cambridge) 22.55

Russell Kempf (Yale) 22.91 Robin  
Mihreshahi (Oxford) 23.24

### 400m

Ben Carne (Cambridge) 47.73  
Remi Ray (Yale) 49.35 Kieran Millar  
(Cambridge) 49.46 Derek Jones  
(Harvard) 49.75

### 800m

Matthew Bordonni (Yale) 1:53.39  
Jonathon Cook (Cambridge) 1:53.91  
Chris Green (Harvard) 1:54.39

### Mile

Jonathon Blackledge (Oxford)  
4:15.06 Brian Gertzgen (Yale) 4:15.99  
Jonathon Cook (Cambridge) 4:20.71  
Jared Bell (Yale) 4:23.16

### 5000m

Jake Gallagher (Yale) 14:44.70  
James Kelly (Cambridge) 14:51.85 Tim  
Galebach (Harvard) 15:02.86 David Nap-  
per (Yale) 15:06.25 Alan Chetwynd  
(Oxford) 15:34.00

### 10000m

Sean Barrett (Harvard) 30:55.79  
Brian Holmquest (Harvard) 31:48.37  
Paolo Natali (Cambridge) 32:26.11 Ian  
Kimpton (Oxford) 32:32.94

### 110m hurdles

wind -3.6 m/s Dan  
O'Brien (Yale) 15.14 Ben Richardson  
Cambridge 15.17

### 400m hurdles

Steve Green (Cambridge)  
51.26 **match record** Justin Grinstead  
(Harvard) 54.81 George Eggers  
(Harvard) 55.30 Daniel Eckersley  
(Oxford) 56.94

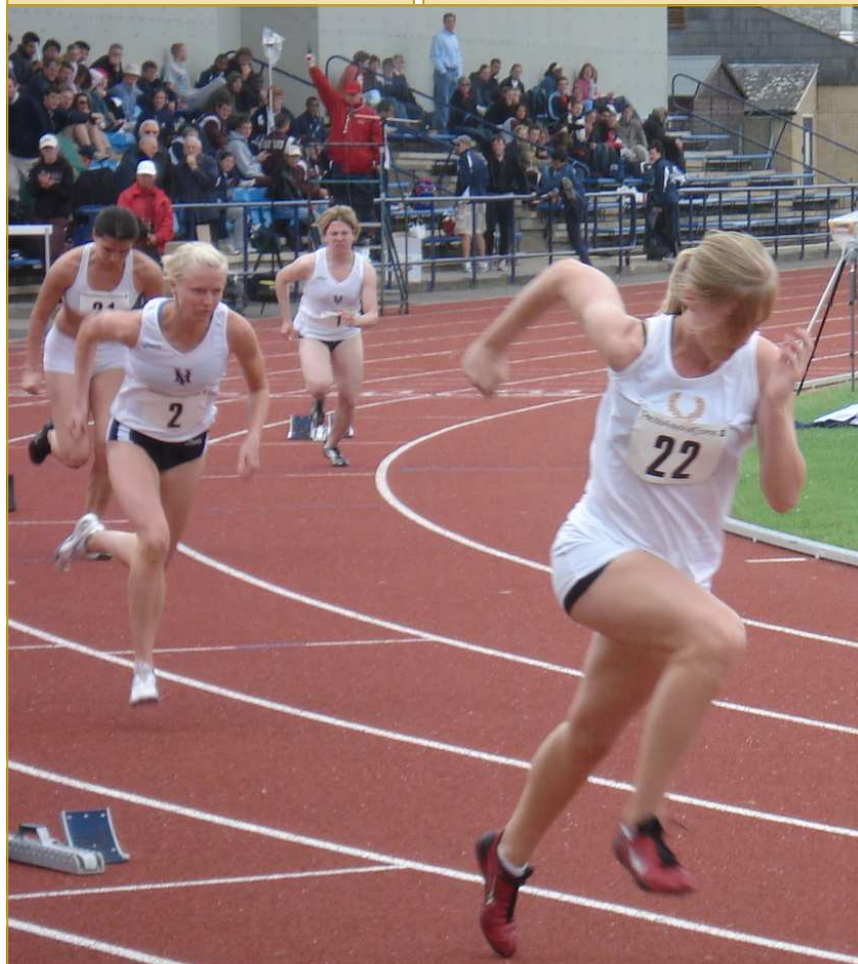
### 3000m steeplechase

Joseph Kingsbery  
(Yale) 9:19.21 Brian Hanak (Yale)  
9:26.28

David Bruce (Oxford) 9:36.54 Matthew  
Grant (Cambridge) 10:01.16

### High Jump

Sam Fox (Yale) 1.95 Brodie  
Lewis (Harvard) 1.85 Andy Owen  
(Cambridge) 1.40 Humphrey Waddington  
(Cambridge) 1.40





**Pole Vault** Eric Depalo (Yale) 4.35 Matthew Lachman (Yale) 3.90 Mike Collins (Cambridge) 3.75 Jeremy Heath (Oxford) 3.45

**Long Jump** Reynolds Holmes (Yale) 7.15 Humphrey Waddington Cambridge) 6.53 Mike Collins (Cambridge) 6.24

**Triple Jump** Humphrey Waddington (Cambridge) 13.61 Eric Depalo (Yale) 12.73 Mike Collins (Cambridge) 12.68

**Shot** John Langhauser Yale) 16.79 Jeff Lachman (Yale) 15.79 Jack Brady (Harvard) 14.44 Steve Marlow (Oxford) 10.80 Mike Collins (Cambridge) 10.44

**Discus** (at Horspath) Jeff Lachman (Yale) 49.20 Nathan Noll (Yale) 45.13 Steve Marlow (Oxford) 42.30 Andy Wheble (Cambridge) 38.10

**Hammer** (at Horspath) Jeff Lachman (Yale) 50.22 Neville Irani (Harvard) 46.88 Josh Abraham-Steele (Oxford) 45.42 James Ayers (Harvard) 43.50 Andy Lee (Cambridge) 41.16 Andy Wheble (Cambridge) all no throws

**Javelin** Jon Rider (Oxford) 57.28 Jackson Womack (Yale) 53.89 Matt Niemczak (Harvard) 51.79 Matthew Lachman (Yale) 48.19 Justin Richards (Oxford) 42.39

**4 x 100m** Harvard/Yale 41.99 Oxford/Cambridge 42.00 (Mihirshahi, Ezekiel, Millar, Richardson)

**4 x 400m** Oxford/Cambridge 3:18.24 (Millar 52.7, Owen 50.0, Green 47.8, Carne 47.8) Harvard/Yale 3:24.02 (53.0, 50.8, 49.9, 50.4)



*Among the spectators was Neville Norman, who organised the 1973 match when the spirit of friendly rivalry was as it remains today "We had a home in Cambridge and billeted some Yale athletes. The Yale high-jumper was 7'2" and could only sit in one seat in the bus. I beat him - then we both remained behind while I coached him to do less of a long jump - he then jumped 4" higher than he managed in the competition. We lost! But everyone won, fraternally. I was also Achilles Team Manager for 1972/3. The various Achilles meetings were a wonderful way for an antipodean to get round Britain"*





## FRESHERS VARSITY 2006

5 November 2006 Wilberforce Road, Cambridge

### MEN

100m: Robin Miharshani (O) 11.4, Dany Gammall (C) 11.4, Joe Ansbro (C) 11.6, Kieran O'Donnell (O) 11.7, Ayo Adeyemi (C-guest) 11.9, Max Clarfelt (O) 12.0, Rauri Hamlin (C-guest) 12.7

200m: Dany Gammall (C) 23.6, Robin Miharshani (O) 23.6, Simon Ashton (C) 24.1, Max Clarfelt (O) 24.4

400m: Rory Campbell (O) 53.7, David Nefs (C) 54.9, Ori Bowen (O-guest) 55.9, Will Rice (C) 56.3, Imre Hunyor (O) 56.4

800m: Rory Campbell (O) 2:03.5, Dane Austin (O) 2:03.8, Chaz Coulsting (C) 2:04.7, Sam Dobin (C) 2:06.6

1500m: James Kelly (C) 4:25.7, Dane Austin (O) 4:27.3, John Redshaw (C) 4:27.8, Martin Bell (O) 4:36.5

3000m: James Kelly (C) 9:04.1, John Redshaw (C) 9:18.0, Nick Howarth (O) 9:18.2, Bryn Reynolds (O) 9:30.4, Nick Juravich (O-guest) 9:58.9

110m hurdles:(3' 3"): Chris Record (O) 16.8, Andreas Petsas (C) 17.1, Tom Stoker (C) 17.1, Oliver Conner (O) 17.9, Luke Williams (O-guest) 19.8:

400m hurdles: Chris Record (O) 63.5, Peter Prescott (C) 65.5, Jacob Cotton (C) 66.8, Luke Williams (O) 69.1

2000m Steeplechase: Bryn Reynolds (O) 6:53.9, Nick Juravich (O) 6:57.3, Peter Prescott (C) 7:12.3, Andy Leach (C) 7:18.1

High Jump: Peter Goult (O) 1.75, Alexander Cartwright (O) 1.65, Alex Bates (C) and Christian McDermott (C) both 1.50

Pole Vault: Alex Bates (C) 3.10, Tim Henshaw (C) 3.10, Alex Cartwright (O) 2.60, Luke Williams (O) 2.20

Long Jump: Peter Whitfield (C-guest) 6.05, Ayo Adeyemi (C) 6.00, Alex Bates (C-guest) 5.90, George Kenyon (C) 5.84, Kieran O'Donnell (O) 5.66, James Osunsami (O) 5.34

Triple Jump: Peter Whitfield (C) 12.79, Christof Drechsel-Grau (C) 12.15, Peter Goult (O-guest) 11.70, James Osunsami (O) 11.41, Alex Cartwright (O) 11.32

Shot: Garrett Johnson (O) 18.34 (**record**), Jonathon Rider (O) 10.17, Charlie Rees (C) 9.82, Alex Bates (C) 7.07

Discus: Garrett Johnson (O) 53.75 (**match and ground record**), Jonathon Rider (O) 29.45, Oliver Watkins (C) 26.95, Andrew Lee (C) 26.06:

Hammer: Josh Abraham-Steele (O) 40.92, Garrett Johnson (O) 40.08, Andrew Lee (C) 32.97, Oliver Watkins (C) 21.75

Javelin: Jonathon Rider (O) 52.08, Ed Gunn (C) 50.95, Chris Record (O) 41.76, Rayomand Malekout (C) 40.13

4 x 100m : Oxford 46.8, Cambridge (Adeyemi, Kenyon, Bates, Gammall) 47.6

4 x 400m: Cambridge (Henshaw, Dobin, Coulsting, Rice) 3:36.9, Oxford 3:40.7, Cambridge B (guests) (P. Prescott, Redshaw, J. Prescott, Bates) 3:50.6 :

**Result: Oxford 106, Cambridge 95**

### WOMEN

100m: Dominique Smith (O) 13.5, Erica Bodman (C) 14.0, Debbie Scanlon (C) 14.1, Sarah Bishop (O) 14.1

200m: Emily Binner (O) 27.5, Dominique Smith (O) 28.0, Laura McGarty (C) 30.5

400m: Emily Binner (O) 63.2, Jana Rieck (O) 64.7, Sarah Williams (C) 70.6, Jane MacKay (C) 71.0

800m: Clare Bounds (C) 2:34.9, Jane MacKay (C) 2:36.9, Olivia Toye (O) 2:46.7, Ami Komoda (O) 2:52.3

1500m: Polly Keen (C) 5:00.3, Lauren Barklie (C) 5:18.9, Emily Carter (O) 5:23.7, Willow Kemp (C-guest) 5:37.2, Olivia Toye (O) 5:56.0

3000m: Polly Keen (C) 10:49.0, Lauren Barklie (C) 11:18.7, Emily Carter (O) 12:02.9, Olivia Toye (O) 12:37.7:

100m hurdles: Oyinka Johnson-Sherlock (O) 18.0, Jana Rieck (O) 18.1, Erica Bodman (C) 18.3, Rebecca Riiser (C) 19.7

400m hurdles: Jana Rieck (O) 70.1, Lucy Spray (C) 71.2, Erica Bodman (C) 72.5, Nathalie Wirz (O) 87.7

High Jump: Erica Bodman (C) 1.60, Liz Murphy (O) 1.55, Rebecca Riiser (C) 1.50, Bethany Staniland (O) 1.45

Pole Vault: Sarah Williams (C) 2.70 (**record**), Jocelyn Baker (O) 1.80, Polly Keen (C) 1.60, Maria Cecire (O) 1.40:

Long Jump: Liz Murphy (O) 5.24, Sarah Williams (C) 4.83, Rebecca Watts (O) 4.74, Erica Bodman (O) 4.61

Triple Jump: Liz Murphy (O) 11.09, Rebecca Watts (O) 10.43, Laura McGarty (C) 9.94, Danielle Sylvester (C) 8.25:

Shot: Bethany Staniland (O) 11.60 (**record**), Liz Murphy (O) 10.42, Helen Maduka (C) 8.73, Claire Lucas (C) 6.63:

Discus: Bethany Staniland (O) 36.72, Sarah Vigrass (C) 24.66, Helen Maduka (C) 22.31, Louise Steele (O) 21.15: :

Hammer: Louise Steele (O) 29.74, Helen Maduka (C) 21.41, Laura Groom (O) 21.40, Claire Lucas (C) 20.18:

Javelin: Bethany Staniland (O) 38.26 (**record**), Vicky Hsu (C) 29.98, Liz Murphy (O) 29.42, Sarah Williams (C) 16.20:

4 x 100m : Oxford 54.4, Cambridge 56.3

4 x 400m: Oxford 4:26.8, Cambridge 4:45.3

**Result: Oxford 106, Cambridge 83**

## FRESHERS VARSITY 2007

4 November 2007 Wilberforce Road, Cambridge

### MEN

100m Andrew Bullimore (O) 11.9, Ian Simson (C) 12.0, Steven Knox (C) 12.1, Ben Quigley (O) 12.2, Abdul-Razak Saeed (O-guest) 12.6

200m Andrew Bullimore (O) 23.1, Will Hooton (O) 23.8, XX (O-guest) 25.3, Josh Moulard (C) 25.7 [Geoffrey Hill (C) did not finish]

400m Will Hooton (O) 51.3, David Burfoot (O) 53.2, Geoffrey Hill (C) 53.9, Sam Dobin (C-guest) 54.4, Qia Li (C) 58.2

800m Nick Cook (O) 2:00.0, Sam Dobin (C) 2:01.0, Matt Burke (C) 2:01.9, Jonathan Pearson (O) 2:07.8

1500m Scott Knackstedt (C) 4:16.9, XXX (O) 4:22.9, Alex Thomas (C) 4:26.9, Rob Shearer (O) 4:29.1

3000m Tim Pattison (C) 9:03.1, Nat Erb-Satullo (O) 9:04.0, Thomas Samuels (O) 9:17.8, Robert Lasenby (C) 9:29.1

110m hurdles 3' 3" Josh Moulard (C) 16.9, Oliver Stogdale (O) 17.1, Alex Skouby (O) 17.3, Jayan Logarajah (C) 22.0

400m hurdles Josh Moulard (C) 61.5, Aaron Mason (O) 63.6, Qia Li (C) 65.2, Rob Shearer (O) 71.1

2000m Steeplechase Scott Knackstedt (C) 6:23.9, Peter Ford (C) 7:27.7, XXX (O) 7:44.7, Rob Shearer (O) 8:03.4

High Jump Alex Skouby (O) 1.75, Richard Martin (C) 1.70, Stuart Walker (C) 1.60, Ashley Williams (O) 1.60  
 Pole Vault Josh Mouland (C) 3.30, Stuart Walker (C) 2.80, Ashley Williams (O) 2.40, Rob Shearer (O) 1.90  
 Long Jump Ian Simson (C) 6.29, Andrew Bullimore (O) 6.05, Richard Martin (C) 5.60, Geoffrey Taunton-Col (O) 5.60  
 Triple Jump Ian Simson (C) 12.87, Andrew Bullimore (O) 12.34, Kengwai Chan (O) 11.96, Jayan Logarajah (C) 11.38  
 Shot John Chane (O) 10.62, Jacob Giesecke (O) 10.21, Josh Mouland (C) 9.26, Ryan Harper (C) 8.44, Ben Turner (C-guest) 8.03, Paul Miller (C-guest) 7.99  
 Discus Nick Obladovich (O) 31.73, Josh Mouland (C-guest) 30.61, Jack Matthews (O) 26.14, Ryan Harper (C) 25.27, Paul Miller (C) 21.09  
 Hammer John Platts-Mills (O) 39.08, Jack Matthews (O) 23.25, Paul Miller (C) 20.12, Ben Turner (C) 16.11  
 Javelin Andrew Bogrand (O) 53.76, Richard Martin (C) 43.15, Tom Chadwick (C) 39.89, Ashley Williams (O) 39.37, Ben Turner (C-guest) 38.02  
 4 x 100m Oxford 47.1, Cambridge disqualified  
 4 x 400m Oxford (55.4, 53.8, 54.9, 51.8) 3:35.9, Cambridge (55.4, 56.2, 56.2, 54.4) 3:42.0  
**Result Oxford 107, Cambridge 92**



*Much interest centred on Sam Dobin (right) who had recently set a new record for the Great Court Run, a fictionalised running of which was made famous in Chariots of Fire (above)*



#### WOMEN

100m Becky Welbourn (C) 13.4, Nimneh Hyde (O) 13.6, Stephanie Poulsen (O) 14.2, Emily Smith (C) 15.1  
 200m Becky Welbourn (C) 27.1, Nimneh Hyde (O) 28.2, Jo Lister (C) 28.8, Stephanie Poulsen (O) 29.2  
 400m Jo Lister (C) 61.9, Catriona Witcombe (O) 63.6, Natalie Arrowsmith (C) 65.7, Alison Lavery (O) 66.8, XXX (O-guest) 67.6  
 800m Florence Ray (O) 2:26.9, Hannah Bowe (O) 2:31.7, Emma Macalister-Hall (C) 2:33.7, Rosemary Pringle (C) 2:37.6, M Aggi (O-guest) 2:43.5  
 1500m Florence Ray (O) 5:02.3, Anna Anderson (C) 5:03.6, Francesca Devereux (C) 5:08.6, Susanna Hitchen (O) 5:09.2  
 3000m Charlotte Roach (C) 9:57.7 (record), Hannah Bowe (O) 10:42.0, Charlotte Bates (O) 10:42.4, Alice Frazer (C) 10:48.8, XXX (O-guest) 12:09.7  
 100m hurdles Clarice Ferolito (O) 17.6, Emma Rowley (C) 17.7, Catriona Witcombe (O) 18.6, Emily Craven (C) 21.1  
 400m hurdles Catriona Witcombe (O) 69.2, Emma Rowley (C) 71.2, Emily Craven (C) 75.4, Clarice Ferolito (O) 80.2  
 1500m Steeplechase Helen Rollins (C) 5:28.8, Charlotte Bates (O) 5:32.3, Georgina Hurt (C) 5:55.7, Jenn McNab (O) 6:22.8  
 High Jump Gina Hood (O) 1.45, Laura Parker (C) 1.40, Henrietta Carradine (O) 1.35, Emily Craven (C) 1.30  
 Pole Vault Alice Garrett (C) 1.90, Theresa Hall (C) 1.80, Henrietta Carradine (O) 1.70, Helen Mather (O) 1.70  
 Long Jump Stephanie Poulsen (O) 4.76, Natalie Arrowsmith (C) 4.39, Elena Chong (O) 4.12, Laura Parker (C) 3.88  
 Triple Jump Georgina Hurt (C) 10.95, Stephanie Poulsen (O) 9.96, Elena Chong (O) 9.44, Laura Parker (C) 8.71  
 Shot Christine Partridge (C) 8.27, Hannah Olanipekun (O) 7.43, Nimneh Hyde (O) 6.94, Hayley Simmonds (C) 6.83  
 Discus Rosemary Pringle (C) 22.29, Christine Partridge (C) 21.56, Hannah Olanipekun (O) 21.56, Hayley Simmonds (C-guest) 17.22, Louise Kwok (O) 14.17  
 Hammer Rosemary Pringle (C) 22.08, Christine Partridge (C) 21.69, Diana Peng (O) 16.64, Lauren Carter (O) 13.80  
 Javelin Rachel Harrison (C) 26.21, Louise Kwok (O) 22.79, Gina Hood (O) 20.58, Alice Smalley (C) 12.01  
 4 x 100m Oxford 55.4, Cambridge (Emily Smith, Jo Lister, Natalie Arrowsmith, Becky Welbourn) 55.6  
 4 x 400m Oxford (68.1, 63.6, 64.8, 63.1) 4:19.6, Cambridge (Macalister-Hall 69.0, Hurt 61.5, Rollins 68.3, Lister 64.1) 4:22.9  
**Result Cambridge 104, Oxford 97**



*The Chairman and Hon. Sec. walk the course!*



**Have you been getting occasional notices of club events, dinners, etc? If not we probably don't have your current**

**EMAIL ADDRESS.**

**DON'T MISS OUT!**

**Drop the Hon. Sec. a line at [paul.willcox@achilles.org](mailto:paul.willcox@achilles.org)**



## VARSITY CROSS-COUNTRY MATCH

### Thames Hare and Hounds' courses, Roehampton Vale Saturday 1<sup>st</sup> December 2007

From the outset, 2007 looked like it was going to be an interesting year for the 'Varsity Cross-Country Race.

On the ladies' side, Oxford was looking to make amends following Cambridge's unexpected, but highly impressive, victory in 2006. On the men's side, Cambridge was once again led by Paolo Natali (Christ's) and hoping to build on their 2006 success and edge back into an overall lead in the series.

At both universities, a promising intake of freshers pointed to two exciting and closely fought races. Due to fixture congestion, only Cambridge was able to test themselves against Thames Hare and Hounds over the Roehampton course in the build-up, so comparisons in the development of the two sides were difficult. However, if pushed to make a call, most people would have said that Oxford, with Courtney Birch (Merton) back at the helm, had the edge on the ladies' side and Cambridge were the more likely winner in the gentlemen's race.



Sadly for the ladies, the hopes for a closely-fought contest were dealt a blow in the final few days when the Light Blues were forced to make three changes to their team due to injury (Lauren Barklie (Magdalene) and Helen Rollins (Corpus Christi)) and selection for the European Cross-Country Championships (Charlotte Roach (Trinity)).

With the balance tipped firmly in their favour, Oxford grabbed the initiative after the first mile and, led by Birch and captain, Cathy Ansell (Merton), scored an emphatic 13 points to 29 victory, with only Anna Andersen (Girton) in second able to split up the Oxford six. Courtney Birch took the individual honours, repeating her success of 2005. Mention, however, must go to the Cambridge captain, Harriet Owles (Selwyn and 6<sup>th</sup> in 2006) who had been struggling with injury all season and came into the side at the eleventh hour and registered a highly commendable 11<sup>th</sup> place, only twenty seconds behind team mate and 2006 race winner, Polly Keen (New Hall). Oxford now leads the overall standings by 19 wins to 13.

|     |                   |             |           |       |
|-----|-------------------|-------------|-----------|-------|
| 1.  | C.A.Birch         | Merton      | Oxford    | 24:24 |
| 2.  | A.M.Anderson      | Girton      | Cambridge | 24:34 |
| 3.  | C.Ansell (c)      | Merton      | Oxford    | 24:38 |
| 4.  | J.R.Leitch        | Balliol     | Oxford    | 24:56 |
| 5.  | A.F.Crocker       | New College | Oxford    | 25:01 |
| 6.  | L.E.M.Gibson      | Worcester   | Oxford    | 25:03 |
| 7.  | E.H.Crowley       | Linacre     | Oxford    | 25:31 |
| 8.  | L.A.Spence        | Wolfson     | Cambridge | 25:39 |
| 9.  | A.H.Porteous*     | Jesus       | Cambridge | 26:16 |
| 10. | P.H.R.Keen        | New Hall    | Cambridge | 26:52 |
| 11. | H.L.B.Owles (c)** | Selwyn      | Cambridge | 27:18 |
| 12. | S.Deakin***       | Girton      | Cambridge | 27:50 |

\* A.H.Porteous (Jesus) replaced L.K.Barklie (Magdalene)  
 \*\* H.L.B.Owles (Selwyn) replaced H.V.Rollins (Corpus Christi)  
 \*\*\* S.Deakin (Girton) replaced C.Roach (Trinity)

The 117<sup>th</sup> gentlemen's race had a decidedly American flavour to it with Cambridge's James Kelly (Jesus), David Yu (Trinity) and Scott Knackstedt (Downing) and Oxford's Garrett Ash (Keble) all competing. With the Light Blues led by Natali and Owain Bristow (Queens'), both returning for their fourth appearances, it was clear that Oxford would have to pack strongly if they



were to prevail.

In the event, a group of six developed at the front of the race with Natali, Kelly and Bristow being kept company by the Dark Blue trio of Ian Kimpton (Lincoln), Richard Franzese (Worcester) and David Bruce (Green). Natali pulled away over the second half of the course, which was very heavy given recent rain, to retain his individual title. Behind him, the other five continued the battle and Oxford's Kimpton completed an inspired race to finish in second. However, with Kelly and Bristow in third and fourth and a further pack of three (Armstrong (Trinity Hall), Grant (Queens') and Clark (Homerton)) in seventh, eighth and ninth, it was the Light Blues who took a relatively comfortable team victory by 32 points to 46. They now lead the overall series by 59 wins to 58.

|     |               |               |           |       |
|-----|---------------|---------------|-----------|-------|
| 1.  | P.Natali      | Christ's      | Cambridge | 39:06 |
| 2.  | I.D.Kimpton   | Lincoln       | Oxford    | 39:19 |
| 3.  | J.M.Kelly     | Jesus         | Cambridge | 39:25 |
| 4.  | O.S.Bristow   | Queens'       | Cambridge | 39:29 |
| 5.  | R.C.Franzese  | Worcester     | Oxford    | 39:45 |
| 6.  | D.J.Bruce     | Green         | Oxford    | 40:01 |
| 7.  | M.J.Armstrong | Trinity Hall  | Cambridge | 40:17 |
| 8.  | M.A.A.Grant   | Queens'       | Cambridge | 40:46 |
| 9.  | M.J.R.Clark   | Homerton      | Cambridge | 40:54 |
| 10. | J.M.Mercer    | Pembroke      | Oxford    | 41:08 |
| 11. | N.A.A.Howarth | Christ Church | Oxford    | 41:35 |
| 12. | D.R-H.Yu      | Trinity       | Cambridge | 41:40 |
| 13. | G.Ash         | Keble         | Oxford    | 41:55 |
| 14. | T.M.Douglas   | Christ Church | Oxford    | 42:06 |
| 15. | S.Knackstedt  | Downing       | Cambridge | 43:03 |
| 16. | J.Pearson     | St. Anne's    | Oxford    | 43:45 |

*Captains – J.D.C.Darling (St. John's) for Oxford and A.Duncan (Girton) for Cambridge*

Earlier in the day, Oxford secured victory in Old Blues' Race by 97 points to 114 in a ten-to-score mob match. Martin Bishop (St. Catherine's) – a Blue from 2007 – came home first, ahead of Cambridge's 1993 captain, Nick Altmann (Churchill).



### 1984 & 1994 Results Wanted!

**A. 11<sup>th</sup> & 12<sup>th</sup> Varsity Races, at Cambridge 1<sup>st</sup> Dec. 1984.**

**B. The 1994 Old Blues race, at Wimbledon Common**

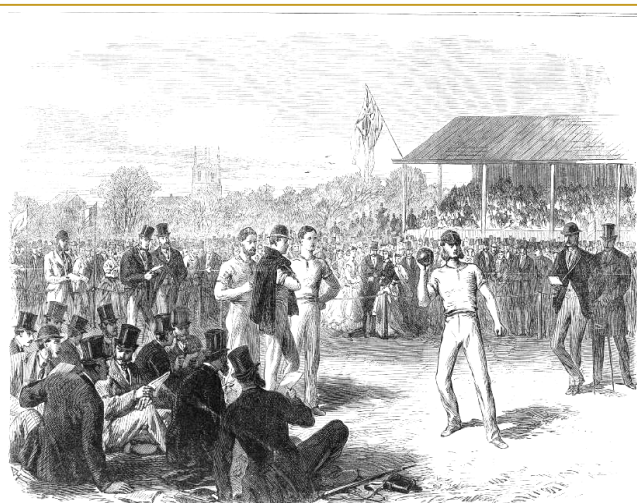
*If anyone has details of the results of these races, please contact Simon Molden ([scmolden@madasafish.com](mailto:scmolden@madasafish.com)). If these results can be found, it will mean that there is a complete record of the result of every Varsity cross-country race at all levels dating back to 1880.*



### OLD BLUES CROSS COUNTRY—2007

|    |                      |           |       |
|----|----------------------|-----------|-------|
| 1  | Martin Bishop        | Oxford    | 21:38 |
| 2  | Nick Altmann         | Cambridge | 21:42 |
| 3  | Richard Hewitt       | Cambridge | 22:30 |
| 4  | Matt Sims            | Oxford    | 22:33 |
| 5  | Alex MacIntosh       | Cambridge | 22:39 |
| 6  | Nat Erb-Satullo      | Cambridge | 22:49 |
| 7  | Will Podley          | Oxford    | 22:54 |
| 8  | Chris Daniels        | Oxford    | 23:07 |
| 9  | Nick Juravich        | Oxford    | 23:15 |
| 10 | Steven Granger-Bevan | Oxford    | 23:19 |
| 11 | David Barker         | Cambridge | 23:28 |
| 12 | Richard Mathie       | Cambridge | 23:35 |
| 13 | Aiden Brown          | Cambridge | 23:39 |
| 14 | Simon Molden         | Oxford    | 23:41 |
| 15 | Jamie Darling        | Oxford    | 23:47 |
| 16 | Olly Hughes          | Oxford    | 24:00 |
| 17 | Liam Richardson      | Cambridge | 24:20 |
| 18 | Anthony Doolittle    | Oxford    | 24:35 |
| 19 | Katy Moore           | Oxford    | 25:02 |
| 20 | Andy Robinson        | Oxford    | 25:14 |
| 21 | Oliver Jardine       | Cambridge | 25:19 |
| 22 | James Gill           | Cambridge | 25:24 |
| 23 | Ben Shields          | Cambridge | 25:46 |
| 24 | Martin Bell          | Oxford    | 25:51 |
| 25 | David Kirk           | Oxford    | 25:57 |
| 26 | Simon Giusert        | Cambridge | 26:13 |
| 27 | Emily Ferenzi        | Oxford    | 26:16 |
| 28 | Rachel Deegan        | Oxford    | 26:28 |
| 29 | Aiden Riley          | Cambridge | 27:00 |
| 30 | Claire Day           | Cambridge | 27:01 |
| 31 | Henk Altmann         | Oxford    | 27:22 |
| 32 | Laura Kyte           | Oxford    | 27:33 |
| 33 | Jason Clark          | Cambridge | 27:55 |
| 34 | Alex Fraser          | Cambridge | 28:18 |
| 35 | Nathan Evans         | Cambridge | 28:26 |
| 36 | Philip Scard         | Cambridge | 32:23 |
| 37 | Simon Rutherford     | Cambridge | 32:30 |
| 38 | Cathy Wood           | Cambridge | 33:53 |
| 39 | Alice Tozer          | Cambridge | 33:54 |
| 40 | David Jenkins        | Cambridge | 34:32 |
| 41 | Emma Figures         | Cambridge | 36:16 |
| 42 | Mark Coley           | Cambridge | 36:32 |
| 43 | John Bryant          | Oxford    | 39:27 |

Oxford win , 97-114



The Varsity Sports of 1867

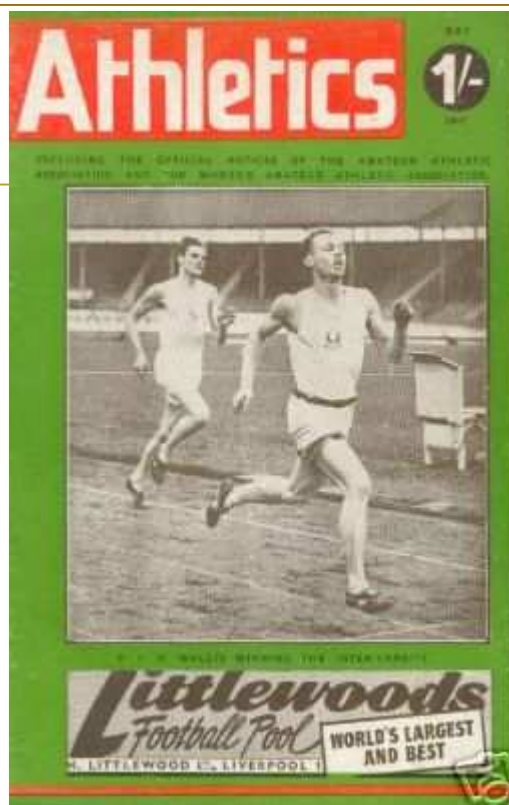
### THE VARSITY CROSS COUNTRY OF 1947

“In the 2006 Annual Report I was interested to see the ‘4-abreast’ Oxford finish in the 1947 Cross-Country Race. I was Captain of the Oxford team and should have been ‘up with the bunch’, having finished 1st against Orion and 1st= with Peter Curry against Finchley the previous month. However I’d just finished my History Finals which had perhaps blunted the competitive edge. I finished 7th, just behind Chris Brasher and Max Jones, so Oxford narrowly missed the best possible winning score of 15:40. I know that the margin of 17:38 stood as a record win for many years — perhaps it has now been bettered.

“On the question of whether such a joint finish is honourable, I recall coming to the defence of Oxford’s Three-Mile runners who finished together a few years later. My own approach is that a distance race is very properly run as a team event and can quite ‘honourably’ be completed as a team. (A good debating item for your next Dinner?)

“It’s good to have the regular news. Having had tin-hips since 1974 I’ve long been out of the running, but until two years ago have been climbing mountains (small ones!) in Wales and Switzerland” **Geoff. Tudor**

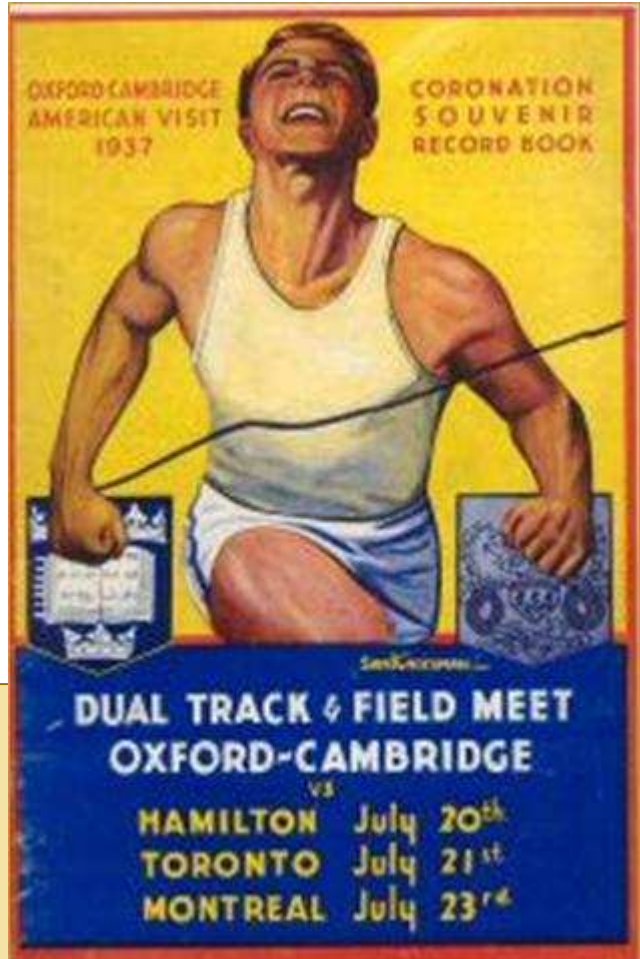
(Oxford Cross Country Team, 1945,6,7)



1947 Varsity Match— PFD Wallis wins the Half Mile from John Mark

## 140 YEARS ON 100 YEARS ON 70 YEARS ON

Most members have heard of the Hubble Telescope, but how many have known that Hubble himself was one of us? Astronomy buff Gwyn Bevan writes: "Did reading International Law lead to the formulation of Intergalactic Law and did the study of the movement of massive objects - such as the shot - under gravity contribute to formulating the concept of an expanding universe? I don't know nor did I know that the famed astronomer Hubble won an Oxford Athletics Blue in the shot-put! Oxford made an enormous impression on Edwin Hubble and his peers back home claimed that he raised Anglophilia to the level of a religion. He worked hard to eradicate his Americanisms adopting an Oxford accent with appropriate 'in' words and expressions. Norfolk jacket, wide flat hat and cape were his usual attire. His family was made up of English, Welsh and Irish forebears - and as was noted, no trace of 'foreigners'!"



*From The Eastern Daily Press, December 2007*

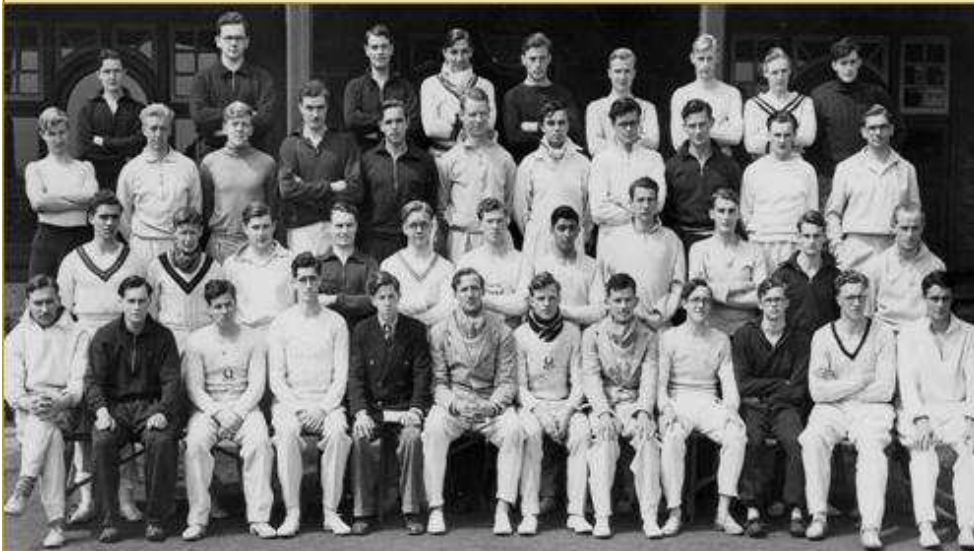
A chat in the dentist's chair has bridged a 60-year gap in the lives of two old Cambridge graduates. **Charles Simeons** and **John Earp** met in the early 1940s at the university athletics club.

But their lives took them on different paths ranging from parliament to the priesthood...until now. For the old chums discovered they only lived about eight miles apart in north Norfolk through a chance remark as Mr Simeons laid back at the dentist's in Holt for some crown replacement work. They caught up on old times and their missing years over some old photo scrap books. The albums show the pair in the same team of dapper undergraduates which took on, and lost to, Oxford in an athletics meeting in 1940, and practising their shot put and discus skills. Mr Simeons, now 86, said: "He was the big shot putter and president of the athletics club. He put me right on things."

After leaving Queen's College in 1946 with a degree in natural sciences Mr Simeons went on to run the family photographic chemical business at Luton and serve the town as MP for four years, before international consultancy work and retiring to Norfolk three years ago.

Mr Earp, now 88, read classics, theology and Hebrew at Jesus College between 1938 and 1942, before post graduate training at the Ridley Hall theological college - where he later returned as a tutor and proctor in charge of discipline. His athletic prowess came in useful when chasing errant students. He had six years as a tutor at Eton, where his pupils included up to a dozen youngsters who

would go on to be cabinet ministers. After a further 27 years as a parish priest in Hampshire he retired, in the 1980s, to Sheringham



CUAC 1940

They chuckled about university pranks such as students hauling an Austin 7 car on to a college roof, and recalled memories of troops, evacuated from Dunkirk lying exhausted on a college green. Mr Simeons who did Army service with the Royal Artillery in the Middle East, also laughed: "John was cleverer than I was. They obviously thought he was better as a canon, and I was cannon fodder."



## 50 YEARS ON



OXFORD-CAMBRIDGE vs CORNELL-PENNSYLVANIA - 1957  
 VAN ZIMMERMAN ROBERSON GARRATT KETCHING FORD TIGLEY VICHIC SCOT OLDFIELD GRAY  
 LEE-BARDIA THORNTON TRAVELER DONALDSON BOLAND GORRIE MCCREARY DUNKLE  
 DOHERTY BONE DUNCAN SHANT KOHLES SMITH ALLMAN MALCOLM KEISSARD ROBERTS  
 ECKEL ABRAHAM'S CARRINGTON SILVER KING ANNE MALCOLM MCGOVERN  
 HILL KATTERMAN SMITH MIDLER LUKE REBEL JENKINS NORTH

### David Donaldson's contemporary report on the all conquering 1957 team's tour of North America:

In June a combined Oxford and Cambridge Athletics team made the eighth trip across the Atlantic since this series of International contests started in 1899. The main part of the tour was made up of two 'meets' in America, and we wound up with a match against the Hamilton Olympic Club in Canada, though about half the party were to stay on and have a final fling in the Canadian National Championships before returning home.

In the past, since the American academic year ends at the beginning of June whereas over it is much later, it has always been difficult to agree on dates for the two main matches. Sometimes, as in 1954, it was impossible to arrange two fixtures. However, this year, with quicker and cheaper air flights becoming available, sufficient funds were scraped together for the team to fly the Atlantic both ways and enjoy, athletically speaking, the longest tour of any of the University visiting teams in recent years.

Our party - managed by Sandy Duncan with the coaches from both Universities as his chief henchmen and captained jointly by the two retiring Presidents — consisting of ten Dark and eight Light Blues, flew from London to New York on the night of 12th June. It was a very smooth flight, but most of us being long-legged, found ourselves somewhat cramped and, in consequence, spent a sleepless night. On reflection I feel sure that our opponents must have taken heart when they saw us creep down from the plane stiff and red-eyed early on that Thursday morning.

We were met at that early hour, not only by a barrage of flash-bulbs (the reporters here and elsewhere on our trip were vastly impressed by the tight Blue boaters worn by the Cambridge contingent), but also by a large number of our hosts, and from this moment forward we began to appreciate American hospitality to the full. Indeed, the warmth of our welcome here and elsewhere in the State was only exceeded by the climatic conditions. While we were in Philadelphia the temperature and the humidity hovered round 100pct and on the Saturday, the day of the match, the thermometer rose to 106 within the Stadium.

We flew on to Philadelphia the same morning, where, after having been installed in palatial surroundings, we astonished our hosts by doing nothing but sleep, eat and drink. We rapidly dis5osed of the balanced American diet prescribed for both teams and then wandered off to Joe's for 'hambourgers wid deworks'. Some of the party, it is true, did take a little exercise, but for the most part we were content to conserve our Energy in view of the temperature.

Our first match - against Pennsylvania and Cornell - took place on the 15th June, days after our arrival. The result was a narrow win for us by eight events to seven: five meeting records were broken, one tied, and several individuals excelled themselves. David Carrington knocked 2/5's off his best time to clock 14.6" in the 120 yards hurdles, Gwillym Roberts sprinted magnificently round a very tight bend to take the 220 in 21.6 and, moving less well round the bend, John Scott Oldfield pulled up yards in the straight to win the 220 yards hurdles. John Kitching threw the Javelin 194' and Roger Dunkley took the two miles easily in the sweltering heat in the record time of 9'3.8" Never will athletes out on that afternoon be puzzled by the expression 'running on red-hot cinders'.

Having confounded our critics by winning, we were in turn confounded in the evening by the magnitude of the banquet which was given for us in the Racquet Club in Philadelphia. Presiding was no less a person than HM Ambassador to the USA, Sir Harold Caccia. There was a big menu, a big wine list and a huge toast list. Both teams however emerged victorious and from then dinner merged into after-dinner, after-dinner into night, night into night clubs and everything now fortunately ends in a haze. It was only with the greatest difficulty that the team was assembled for our trip by train to Yale on the next day. A quick conducted tour of New York was arranged for us on the way, but in view of the past hectic twentyfour hours few were able to appreciate it.

Our stay at Yale was a quiet one which enabled one member of the team to sit his examinations by special arrangement others recovered sufficiently to have another look at New York



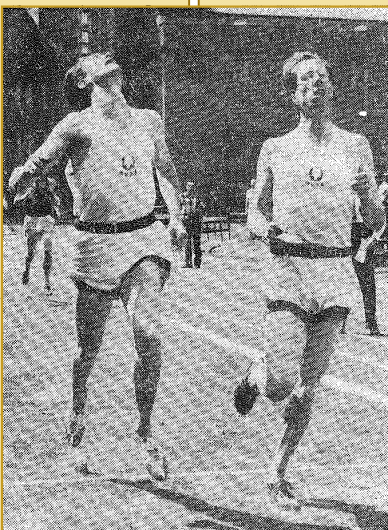
while the remainder were able to appreciate to the full the wonderful gymnasium at Yale. When one considers that this magnificent building is taken very much for granted over there while the very idea of a single regular outdoor running track in Cambridge produces so much delay and adverse criticism, one realises not only the difference of attitude to Sport on the two sides of the Atlantic, but also the difference in available facilities.

From Yale we moved on to Harvard on the 18th June - again ostensibly to spend two quiet days before our match against Harvard and Yale on the Saturday. But Harvard, we found, was on the outskirts of Boston and our hosts saw to it that most of us got to know the city well in those two day's. Our second big match of the tour also ended in a win for us, this time by nine events to six. The temperature was still very high, but a cooling breeze against the sprinters and hurdlers in the 220 straightaway helped to make running more pleasant even if it did slow down times. As in the previous match we won every track event from 220 to 2 miles and on this occasion also won the 120y hurdles, 4 x 110y relay, Discus, Javelin and High Jump. John Kitching again won the Javelin this time with a prodigious throw of some 209' end set the seal on a very keen contest which again the critics had forecast as a home win.

A dinner, with a modest speech list, replaced the banquet with which we had been regaled the previous Saturday night and, though very substantial in every sphere, it did not lead to the night revels of the previous week, so that we were all able to appreciate the following day spent in New York before flying on to Toronto in the evening. From the airport there we were driven out to Hamilton where we found ourselves billeted in an - sadly untenanted - women's hostel of McGill University.

Though the arrangements in Canada were less clear cut than in the States, we were made conscious of the fact that we were in God's country and were royally wined and dined and taken on a visit to Niagara Falls.

The tour wound up with a match against the Hamilton Olympic Club which, though fairly small in itself, we found to include anyone in Canada who was anxious for a final trial before the National Championships. On a rather cool evening and before a handful of spectators we again emerged victorious, ten events to five. Our social activities had by this time caught up with us and it was rather a tired team which took the field. All performed adequately but only Roger Dunkley added to his reputation,



*Donald Gorrie (right) wins the 880 v Penn & Cornell from Donal Smith*

Although most of the team left for England the following day, eight members remained to take part in the Canadian National Championships held at St Lambert, Montreal on 29th and 30th. June. Here we were entertained in private houses and treated as long lost eons. We responded well to the magnificent hospitality for, despite the tail end of Hurricane Audrey together with torrential rain which turned the track into a quagmire arid despite one man going down with 'flu, we left Canada with fifteen golds, six silver and two bronze Championship medals in our possession.

So the tour ended for everyone. We took a strong tea across the 'pond' to face strong opposition, and it proved to be the most successful Oxford and Cambridge team to compete in the North American continent.

This article is a bare account of our trip, So much that is not purely athletic goes to the making of these tours that, were I to attempt to describe our doings in full, I would need not only much more space but I might even make readers wonder how any team could be so welcomed and feted and yet run at the top of its form

We all returned from the U.S.A. and Canada leaving not only many friends both on and off the track but also some puzzled opponents who, when they reviewed our pre-match preparation, would with some justification scratch their crew-cuts and say (albeit in their own idiom) 'C'est magnifique mais c'est pas le sport'



**THE 1957 TEAM ENJOYED A SPLENDID REUNION DINER AT VICENTS IN JUNE 2007, ON THE EVE OF THE ENCOUNTER WITH HARVARD & YALE**

*Back row Malcolm, Scott Oldfield; Carrington; Siler Middle row: Metcalf, Dunkley, Abrahams, Smith Front row: Kitching, Jenkins, Donaldson, Gorrie, Thornton, Solomon*

# 40 YEARS ON

The 1967 Oxford Varsity Match team was one of the strongest ever (has the strongest ever Varsity Match team been identified?).

The previous 1965-66 OUAC year, under the presidency of Jeffery Archer, was never less than interesting, and at times was hugely exciting. The 1966-67 year followed in similar vein, with great strength in almost all events—jumps, throws, sprints and an over-supply of talent in the distance events.



Full internationals included Andy Ronay, Mick Hauck, John Godding, Alan Heath, Mick Sharpe and Dennis Roscoe, and several other OUAC members were competing at just below international level. In addition, South African record-holder, Henk Altmann (3 miles/5000 metres), and ex-Harvard 7 ft. high-jumper, Chris Pardee, were outperforming their competition in the UK.

*To correct a longstanding error in Achilles records, Mick Sharpe (St Peter's) was the 1966-67 OUAC Hon. Sec. (and not Mick Hauck, the 1967-68 President).*

The considerable ability, ambition and enthusiasm within the Club were enhanced by our dynamic and likeable Polish coach, Alphonse Mack.



Indeed, in January 1967 'Mack' arranged for some 12 of us to cross Europe in three cars to snow-covered Warsaw, where my memory is of being tortured (sic) and arrested (sic)—it was then the height of the Cold War! In early June an OUAC team of twelve athletes, supervised by Achilles member, Mike Ralph, represented the UK (by right of being deemed the top-performing UK Club!) against seven other top clubs from Italy, Germany, Hungary, Yugoslavia and France. The trip was memorable less for our athletic performances than for our prolific sight-seeing and our memorable dinner at the residence of the British Ambassador, which included a walk with his daughter, in pouring rain, to the nearby Appian Way. The post-match dinner also had its moments.



A one-sided Varsity Match contained numerous impressive performances, considering the adverse weather conditions and strong headwind in the finishing straight. For example, Nick Lovatt's time of 1 min 51.2 in the 880 yards (=1:50.5 for 800 metres) might have been a second or two faster in calmer conditions. Double winners were Mick Hauck (100 and 220 yards, and 2<sup>nd</sup> in the 440 yards) and Roger Allen (220 and 440 yards hurdles). Oxford's 101 to 52 point (14 events to 3) victory confirmed the story of this memorable and exciting OUAC year.

At the White City in late June a weakened Oxford and Cambridge team lost 11-5 to a strong Harvard and Yale team, which we might have challenged when at our full strength.

Just over 40 years later our limbs may be creaking but our memories remain of people, places and events. The OUAC was a wonderful and, in so many ways, life-shaping component of Oxford life. It was a privilege to be part of it.

*Tim Taylor, President OUAC 1966-67.*

## OXFORD v. CAMBRIDGE (93rd Match) White City Stadium, West London, May 6th, 1967

- |  |  |
|--|--|
| <p><b>100 Yards.</b></p> <ol style="list-style-type: none"> <li>1. M. Hauck (O.), 10.3 sec.</li> <li>2. M. Winbolt-Lewis (C.), 10.5 sec.</li> <li>3. D. Williams (C.), 10.5 sec.</li> <li>4. A. Ronay (O.), 10.5 sec.</li> </ol> <p><b>220 Yards.</b></p> <ol style="list-style-type: none"> <li>1. M. Hauck (O.), 22.0 sec.</li> <li>2. M. Winbolt-Lewis (C.), 22.1 sec.</li> <li>3. J. Smith (C.), 23.0 sec.</li> <li>4. R. Coates (O.), 23.0 sec.</li> </ol> <p><b>440 Yards.</b></p> <ol style="list-style-type: none"> <li>1. M. Winbolt-Lewis (C.), 47.7 sec.</li> <li>2. M. Hauck (O.), 47.8 sec.</li> <li>3. R. Gregory (O.), 49.1 sec.</li> <li>4. A. Porten (C.), 49.4 sec.</li> </ol> <p><b>880 Yards.</b></p> <ol style="list-style-type: none"> <li>1. N. Lovatt (O.), 1 min. 51.2 sec.</li> <li>2. T. Taylor (O.), 1 min. 51.9 sec.</li> <li>3. J. Pickles (C.), 1 min. 53.1 sec.</li> <li>4. P. Butlin (C.), 1 min. 55.0 sec.</li> </ol> <p><b>One Mile.</b></p> <ol style="list-style-type: none"> <li>1. J. Godding (O.), 4 min. 11.0 sec.</li> <li>2. F. Larkins (O.), 4 min. 11.5 sec.</li> <li>3. D. Bryant (C.), 4 min. 14.1 sec.</li> <li>4. H. Chadwick (C.), 4 min. 14.6 sec.</li> </ol> <p><b>Three Miles.</b></p> <ol style="list-style-type: none"> <li>1. H. Altmann (O.), 13 min. 42.4 sec.</li> <li>2. J. Waterhouse (O.), 13 min. 53.2 sec.</li> <li>3. J. Farmer (C.), 14 min. 22.4 sec.</li> <li>4. J. Roberts (C.), 14 min. 32.2 sec.</li> </ol> <p><b>120 Yards High Hurdles.</b></p> <ol style="list-style-type: none"> <li>1. J. Crossman (C.), 15.7 sec.</li> <li>2. R. Young (C.), 15.8 sec.</li> <li>3. M. Mertens (O.), 16.0 sec.</li> <li>4. J. Antill (O.), 16.3 sec.</li> </ol> <p><b>220 Yards Low Hurdles.</b></p> <ol style="list-style-type: none"> <li>1. R. Allen (O.), 25.6 sec.</li> <li>2. R. Prichard (C.), 26.0 sec.</li> <li>3. J. Crossman (C.), 26.1 sec.</li> <li>4. M. Sharpe (O.), 27.1 sec.</li> </ol> | <p><b>440 Yards Intermediate Hurdles.</b></p> <ol style="list-style-type: none"> <li>1. R. Allen (O.), 55.0 sec.</li> <li>2. J. Dawes (O.), 55.8 sec.</li> <li>3. D. Eltringham (C.), 56.7 sec.</li> <li>4. R. Prichard (C.), 58.5 sec.</li> </ol> <p><b>3,000 Metres Steeplechase.</b></p> <ol style="list-style-type: none"> <li>1. A. Ashton (C.), 9 min. 08.6 sec.</li> <li>2. P. Braithwaite (O.), 9 min. 22.6 sec.</li> <li>3. J. Hazelden (C.), 9 min. 28.6 sec.</li> <li>4. J. Bryant (O.), 10 min. 02.0 sec.</li> </ol> <p><b>High Jump.</b></p> <ol style="list-style-type: none"> <li>1. C. Pardee (O.), 6 ft. 7 in.*</li> <li>2. F. Gayford (C.), 6 ft. 3 in.</li> <li>3. J. Arriens (C.), 5 ft. 10 in.</li> <li>4. A. Dean (O.),</li> </ol> <p><b>Pole Vault.</b></p> <ol style="list-style-type: none"> <li>1. R. Murphy (O.), 11 ft. 9 in.</li> <li>2. C. Kidd (O.), 11 ft. 9 in.</li> <li>3. T. Wightman (C.), 10 ft. 6 in.</li> <li>4. D. Graham-Young (C.), 10 ft. 6 in.</li> </ol> <p><b>Long Jump.</b></p> <ol style="list-style-type: none"> <li>1. M. Sharpe (O.), 23 ft. 8½ in.</li> <li>2. D. Morgan (C.), 22 ft. 0½ in.</li> <li>3. J. Smith (C.), 21 ft. 8 in.</li> <li>4. L. Gilbert (O.), 14 ft. 6 in.</li> </ol> <p><b>Shot Putt.</b></p> <ol style="list-style-type: none"> <li>1. S. Young (O.), 46 ft. 8½ in.</li> <li>2. W. Loader (C.), 45 ft. 8 in.</li> <li>3. R. Speed (O.), 44 ft. 10½ in.</li> <li>4. C. Webb (C.), 42 ft. 3½ in.</li> </ol> <p><b>Discus.</b></p> <ol style="list-style-type: none"> <li>1. D. Roscoe (O.), 154 ft. 7 in.</li> <li>2. P. Bebbington (C.), 142 ft. 6 in.</li> <li>3. R. Duncan (O.), 139 ft. 6 in.</li> <li>4. S. Grant (C.), 133 ft. 0 in.</li> </ol> <p><b>Javelin.</b></p> <ol style="list-style-type: none"> <li>1. A. Heath (O.), 201 ft. 6 in.</li> <li>2. F. Brown (C.), 193 ft. 7 in.</li> <li>3. J. Pitt (C.), 170 ft. 8 in.</li> <li>4. I. Perring (C.), 167 ft. 0 in.</li> </ol> |
|--|--|

### Result

1st Oxford, 101 points.  
2nd Cambridge, 52 points.  
\*Inter-Varsity match record.

1967 was the year in which CUAC had said goodbye to the incomparable Wendell Motley: the most elegant, effortless runner I have ever seen. We did however have a new and rising star in Martin Winbolt-Lewis, who was to represent Britain at the 1968 Olympics in the 400m. In the Varsity Sports he won that event (or 440 yards, as it still was) by a 10th of a second from Mick Hauck, who in turn just pipped Martin in the 100 and 200 yards. The only other Cambridge winners were Tony Ashton, with a comfortable victory in the steeplechase, and a first and second in the high hurdles for John Crossman and Bob Young.

One record was set during the match, in the high jump, with Chris Pardee from the US clearing 6'7". I can remember to my chagrin watching Chris limber up with a few casual jumps of no known description at a height that exceeded what I was eventually to manage. In one of the best performances of the day for Cambridge, John Gayford jumped a personal best of 6'3".

Apart from Wendell, Cambridge had lost two other record holders from the year before, and the loss of such talent showed: Oxford came within a point of doubling our score, winning by 101 to 52.

*Jan Arriens,  
Hon. Sec. CUAC 1966-7*



*from top:  
John Waterhouse,  
Henk Altmann & John Golding  
Tim Taylor,  
Mick Sharpe, Tim Taylor & Capt Mack,  
Simon Jones.*





## 25 YEARS ON—ACHILLES IN 1982

**FROM TONY PLOSZAJKI:**

'How do you spell Smith?' asked one wit in the back row at the CUAC AGM in 1981. So began my stint as President of the Club, because despite the additional alphabetical complexity of my surname compared with Richard Smith's, enough members were kind enough to write an approximation of it on their ballot papers for my election to be confirmed! Thus started a memorable roller coaster of a year that still evokes so many happy images even a quarter of a century later!

And what a time to take over the reins too! Under Graham Goddard's inspired leadership, we had just (unexpectedly) won the 107<sup>th</sup> Varsity Match at Iffley Road. The profile of Cambridge athletics was pretty high too, with the release of the film *Chariots of Fire* earlier that year reminding us (as if we needed it!) of the rich heritage of Oxbridge athletics.

The influx of 'freshers' to Cambridge at the start of the Michaelmas term in 1981 promised much and included one very famous name in the form of John Hemery. In terms of his age (which I seem to recall was actually 35, but was frequently mythologised by us into something rather older!), it's rather stretching the point to call John a 'fresher'! He had some 'previous' too having, like his brother David, competed for Oxford in an earlier incarnation. However, we soon forgave him that, as he became part of the Cambridge team that won both the Men's and women's fresher's matches held at Iffley Road at the end of October.

As we moved towards the end of that term, the drudgery of training was compounded by severe winter weather. Not only did we have to overcome the conventional handicap of our truly awful windswept cinder track at Milton Road, but also a prolonged cold snap that left lying snow for most of December and January, accompanied by temperatures of -10°C in the daytime! I can remember many improvised training sessions on snow covered pitches and one trip to the nearest synthetic track in Harlow that was most memorable for some slick baton changing between cars at 70 mph on our way back up the M11!

Whilst the worst of the weather had abated by early March, the aforementioned wind at Milton Road conspired to all but ruin the Varsity Field Events match, which Oxford won by three events to two, with the pole vault and high jump competitions abandoned due to the gales.

However, we reasserted light blue pride at Crystal Palace three days later, by winning the men's Varsity Relays match by seven events to nil and the women's event by three to nil! This was the first clean sweep in the sixty-three years of the contest and our motorised baton practice on the motorway had clearly been highly effective preparation!

The summer term started with a flurry of events and the good performances continued, with some impressive early season results against a selection of British Athletics League clubs and representative teams. I remember in particular the UAU (now BUSA) championships at Crystal Palace, where the Cambridge team finished third overall behind (Birmingham and Loughborough). Most memorably, I recall a spectacular battle in the 400mh, which John Hemery won in a new record time of 52.5secs, just ahead of Trevor Burton in a then personal best of 52.6secs! The 4x400m relay also featured John and Trevor, who handed the baton to Trevor Llewellyn with a narrow lead over Loughborough. Unfortunately, Loughborough had one Seb (now Lord!) Coe as their anchor man and he ran 46.9secs to just overhaul Trevor!

Trev did have the consolation of getting his picture in the national press as they reported on Coe's win and Seb did deign to pose for a team photo afterwards, which adorned Trev's college mantelpiece for some time thereafter!

And so to the Varsity Match. I have so many vivid recollections of the atmosphere of that special day, in particular the sun-drenched weather, a chestnut tree in full flower by the church at the end of the back straight and Graham Goddard, dapper in a light blue and white cravat, performing the team manager's role with his customary good humour and efficiency.

Looking back at the results now, there were some

*Upon graduating, I secured a job with the Sports Council (now Sport England), which enabled me to continue to indulge my love of sport and entailed a move to Bedford. I carried on competing on the track for several years, which kept me in regular touch with many Cambridge contemporaries. Graham Goddard also moved to Bedford and I was delighted to serve as best man at his wedding, whilst he did performed the same role (but far better!) at mine. His death in 1989, as a result of diabetic complications, so soon after becoming a father was a great tragedy and deprived his friends and family of the finest of men. I miss him still.*

*I left the Sports Council in 1995 to work for a small consultancy company and in 2001 set up my own practice (Ploszajski Lynch Consulting), still working on commissions involving sport, leisure and green spaces.*

*I still live in Bedford with my wife Jo, whom I met whilst at Cambridge and our two children. Matt is now 18 and currently enjoying a 'gap year' before starting at Oxford Brookes University. He is a talented athlete, winning Bedfordshire and Eastern Counties titles in both hurdles and triple jump, but has lately switched his attentions to Tae-Kwon-Do (reaching Blue Belt standard in a little over a year). By the time you read this, he will be 'enjoying' a three month stint at a martial arts academy in China!*

*Anna is 16 and has just embarked upon her A-level courses. She was previously rowing to quite a high standard at school, but is a very talented musician and is currently concentrating on the latter. She is thinking about university courses at the moment and is taking a particular interest in Oxford (so thank goodness she gave up sport first!).*

*Following a 15 year hiatus in competitive running, I started road running three years ago (proudly entering races under my Achilles Club affiliation!). I've run the Silverstone Half-Marathon for the past three years (best time 1:41.30), but mainly compete in 10k and 5k races where I normally manage to finish with a reasonable placing. Indeed, I contrived to win the M45 trophy at the Bedford Park 5k in 2005! On the downside, I had the salutary experience of losing to my son over 10k last time out (although he has represented the district schools at cross country!).*

wonderful performances on that day. It's perhaps invidious to single out individuals, but Stu Moore's double victory in the 800m and 1,500m was very special. So too was John Hemery, who with ankles taped and bandaged to hold the old joints together, again just pipped Trevor in the 400mh, but then won the 200mh by a clearer margin.

But I recall fantastic efforts by every member of all our teams and by the end of that unforgettable afternoon, the Cambridge Men's Blue's team, Alverstone and the Women's Blues team had all won (no Millipedes and Alli-

gators in those far off days of gender inequality!). It was the first time either University had achieved a team 'whitewash' (or 'light blue wash' as I humorously, but not universally popularly, referred to it at the Achilles Club dinner later!).

I endured the ceremonial immersion in the water jump after the final event and after some more conventional ablutions, we all headed off to the dinner at Pembroke College. I have a treasured photo of the moment the Varsity Match trophy was presented by Jan Arriens, the dinner chairman, with Philip Noel-Baker and Sandy Duncan also sitting at the top table, featuring in the background.

The year was rounded off by the visit of Penn and Cornell universities and in a close match at Iffley Road in mid-June the Americans won the men's match by 11 events to 9 and the women's by 8 to 7.

Reflecting again recently on my time at Cambridge

and the pivotal role that athletics played in those happy days, it struck me what a privilege it is to have been part of the venerable tradition of Varsity matches stretching back to 1864. Whilst individually we are only minor elements in the overall process of continuity that the Achilles Club helps to sustain, it is nevertheless humbling to look back at some of the great names of athletes that preceded us (and to anticipate the talented generations that will hopefully follow). I greatly enjoyed visiting the track at Wilberforce Road recently, not only to see how facilities have improved since the primitive (but 'character building!') provision at Milton Road, but also to gaze at the honours board in the club house, listing Blues teams since time immemorial. All of us whose names are listed there are part of a very special shared heritage and I'm immensely proud that mine is there amongst them (even if isn't as easy to spell as Smith!).

The 1982 **Field Events Match** took place in very high wind, on 3 March at Milton Road, Cambridge, where both the High Jump and the Pole Vault had to be abandoned. With the Hammer being only of a non-scoring nature, Oxford won the 5 events contested by 3 to 2.

The **Relays Match** was again held in conjunction with the Varsity Games, at Crystal Palace on 6 March 1982. This time the Achilles Club had only a few token teams, although they did win the women's 4 x 100m. Cambridge swept the board throughout, their men beating Oxford by 7 events to 0, and their women by 3 events to 0.

The early weeks of the **Easter Term 1982** saw some frenetic University athletic activity, at least on the part of Cambridge. CUAC was involved in 7 separate competitions in 16 days (Woodford Green on 24 April, Bedford on 26 April, RAF on 28 April, Army on 1 May, UAU at Crystal Palace on 2/3 May, Loughborough on 8 May and Eastern

Counties on 9 May). What a contrast to today's situation, when more than 2 competitions per Term is thought to be dangerous to an athlete's wellbeing! But these strenuous preliminaries did not seem to detract from performances in the Varsity Match on 15 May 1982 (see above), where the standards were better than we are likely to see this present year.

**A team from Pennsylvania and Cornell** arrived in June 1982. The match against Oxford and Cambridge was held on 13 June at Iffley Road, and was very close in both the men's and women's competition. In the men's match, the visitors won by 11 events to 9, with the home victors being Dom Emery 400m, Mark Jackson 1500m, Malcolm Rimmer 5000m, Carson Porteous 110m hurdles, John Hemery 400m hurdles, John Stoodley steeplechase, Trevor Llewellyn high jump, Lindon Neil triple jumps and Patrick Mbu discus. The women's

match was even closer, Penn and Cornell winning by just one event in 15. The home victors here were Jackie Roynon with a noteworthy treble of 100m, 200m and 400m, Sue Dalgoutte 100m hurdles, Gill Suttle 400m hurdles and both the relay squads.

In the **Michaelmas Term** CUAC held its Inter-Collegiate Cuppers with heats and finals involving 4 different days of competition between the 13 and 18 October (Christ's beat Emmanuel and St. John's in the men's final; Girton beat Christs and Selwyn in the women's).

**The Freshers' Varsity Match** was held at Milton Road on 27 October 1982, with Oxford victorious by 103 - 86. The concurrent women's match was labelled Oxford "A" v Cambridge "A"; here Cambridge won 72 - 55. Cambridge won both matches, the men's by 102 points to 93, the women's by 68 points to 57.

CJRT 11.1.2007

#### **Achilles Competition Secretary Ed Foreman's 1982 Report on the Season:**

*The Year saw a continued rise in support for our major competitions, for men and women, although the response to minor fixtures was disappointing. It was marked by some particularly fine 4x400m relay running. Cambridge began by setting a new Varsity Match best performance when **Trevor Llewellyn** (St. John's, 50.7), **Simon Keenlyside** (St. John's, 48.3), **Trevor Burton** (St. John's, 48.1) and **John Hemery** (Corpus, 48.9) won the event in 3m 16. In the Crystal Palace match, the Achilles team clung excitingly to a narrow lead over the Southern Counties and Combined Services to record the club's best time for many years: **Keenlyside** (48.7), **Robin Tolson** (Jesus, C, 48.7), **Burton** (47.8) and **Brian Jones** (St. Cath's, C, 48.1)—total 3m 13.3. Both these results, however, were put into perspective by the Penn/Cornell team's American Series record of 3m 12.5!*

*Other records to fall in the Varsity Match went to **Trevor Llewellyn** (H.J., 2m14) who also won the long jump, **Carole Morris** (Girton, Javelin, 38m) and **Jackie Roynon** (Somerville, 100m, 12.6); while **Sue Dalgoutte** (Hughes Hall) set new records in the 100m H (14.6) and 400m (56.2) as well as winning the 200m and anchoring the Cambridge 4x100m team to a new record time of 50.4. **Stuart Moore** (Christ's) won the 800m/ 1 500m double, and **John Hemery** (formerly St. Cath's, 0) made a welcome return—on the other side—to win the 400m H in 52.4 and 200m H in 24.1 (and see above). Both Blues' and Women's matches were convincingly won by Cambridge.*

*The Americans' match at Oxford in mid-June was an excellent and hard-fought fixture ending in our best result since 1973: we lost the men's match by 9 events to 11, the ladies' by 7 events to 8. Oxbridge victories went to **Sue Dalgoutte** (100m H, 15.01), **Jackie Roynon** (100m 12.53, 200m 25.92, 400m 58.11), **Gill Suttle** (St. Hughes, 400m H, 63.6) and both ladies' relay team; and to **Dominic Emery** (St. Anne's, 400m 48.5), **Hemery** (400m H, 53.18), **Mark Jackson** (1500m, 3m 56.15), **Llewellyn** (H.J. 2m10), **Patrick Mbu** (SEH, Discus, 43m 82) **Lindon Neil** (Christ's, T.J. 14m06), **Carson Porteous** (St. Cath's. C. 110m H, 14.8), **Malcolm Rimmer** (Worcester, 5000m, 14m 49.4) and **John Stoodley** (Sid Suss, 3000m S/Ch. 9m 05.0—a new match record). "Senior" Achilles ladies **Kim Wells** (Selwyn), **Sarah Owen** (New Hall) and **Bridget Wheeler** (Trinity Hall) all won their events on a non-scoring basis.*

*In August our agents' and ladies' sections both pulled out all the stops for our main competitive fixtures. The men beat a British Police team, and came closer than ever before to the Combined Services, in the Crystal Palace*



match hosted by Southern Counties A.A.A., with excellent wins for **Porteous** (110mh 14.71) and **Llewelyn** (H.J., 2m 14) as well as the 4x400m (see above). Our other best events were 400m—**Keenlyside** 2nd (47.82) and **Jones** 3rd (48.48)—and 400mH—**Burton** 2nd (52.90) and **Tolson** 3rd (53.36). **Martin Wilson** (Selwyn) was helped with team management by **Tony Shiret** (St. John's, C.).

The main ladies fixture hosted by Achilles and organised by **Bridget Wheeler** and others was held at Southwark Park on August 22nd. The match was sponsored by Express Dairies, with the additional help of Mars, Staminade, Farley Health and Nike—the men's section clearly has much to learn about bringing in cash! The match was won by Kent, and the host team was also beaten by SCWAAA, but defeated the Civil Service and Combined Services by comfortable margins. Achilles had no individual winners in a match littered with prospective or hopeful Commonwealth Games competitors, but there were notable performances from **Bridget Wheeler** (100m, 12.1, 2nd; 200m, 24.8, 3rd), **Sue Parker** (King's, 800, 2m 18.1, 3rd; Mile, 5m 07.8, 3rd), **Kim Wells** (400m, H, 62.3, 3rd), **Sarah Owen** (L.J., 5m 66, 3rd; H.J., 1m 65, 3rd). These few results show how much doubling-up was required and it is greatly to the squad's credit that A and B strings were covered in every event: but the ladies' section, which has only had a couple of seasons in which to build itself up, is more dependent than the men's on full support from the active membership at all events.

This report would not be complete without acknowledgement of the club's representation at the Commonwealth Games. **Julian Goater** (S.E.H.), who also competed at the European Games, joins the club's roll of honour with his Commonwealth Bronze at 10,000m. The club's other representatives, **Sarah Owen**, **Trevor Llewelyn** and **Carson Porteous**, did not manage to produce headline performances but we are nevertheless proud of their selection.

#### **VARSITY MATCH 15 May 1982** **Iffley Road, Oxford**

##### **MEN, Blues Match**

100m D. Burn (O) 10.9, R. Smith (C) 11.2, M. Cheesman (C) 11.2, A. Hughes (O) 11.3  
200m D. Burn (O) 22.0, D. Emery (O) 22.4, R. Smith (C) 22.4, M. Cheesman (C) 22.6  
400m S. Keenlyside (C) 48.1, D. Emery (O) 48.3, M. McCabe (O) 49.9, D. Stephens (C) 52.4  
800m S. Moore (C) 1:53.0, N. Fellows (O) 1:54.0, N. Leach (C) 1:54.7, P. Stuart-Smith (O) 1:59.8  
1500m S. Moore (C) 3:53.6, M. Jackson (C) 3:55.9, M. Darville (O) 4:00.1, S. Gisby (O) 4:37.9  
5000m N. Thin (C) 15:04.6, M. Power (O) 15:26.9, D. Nevell (O) 15:28.6, N. Leach (C) 15:50.5  
110m hurdles C. Porteous (C) 14.7, C. Humphrey (O) 15.4, A. Ploszajski (C) 15.7, P. Clarkson (O) 26.3  
200m hurdles J. Hemery (C) 24.1, I. Fenn-Tye (C) 25.0, C. Humphrey (O) 25.4, M. Davidson (O) 25.5  
400m hurdles J. Hemery (C) 52.4, T. Burton (C) 52.6, P. Clarkson (O) 55.6, M. Davidson (O) 59.2  
Steeplechase J. Stoodley (C) 9:05.1, C. Blythe (O) 9:16.3, A. Suddards (O) 9:19.5, J. Miller (C) 10:12.6,  
High Jump T. Llewellyn (C) 2.14 [record], P. McDonnell (O) 2.10, W. Dixon (C) 2.00, A. Beardmore (O) 1.75  
Pole Vault R. Stone (C) 3.75, M. Robson (C) 3.00 [A. Beardmore (O) and M. Zirnbauser (O) both failed to clear a height]  
Long Jump T. Llewellyn (C) 6.95, S. Keenlyside (C) 6.89, C. Humphrey (O) 6.68, D. Stone (O) 6.67  
Triple Jump L. Neil (C) 13.98, M. Sellars (O) 13.95, P. Burrows (O) 13.40, J. Bennet (C) 13.26  
Shot P. Mbu (O) 14.05, P. Gomme (C) 14.05, I. Jackson (O) 13.63, A. Morris (C) 12.47  
Discus P. Mbu (O) 44.10, I. Jackson

(O) 43.76, P. Gomme (C) 38.38, G. Weatherall (C) 32.30  
Hammer V. Miihkinen (O) 46.92, P. Gomme (C) 45.36, G. Weatherall (C) 44.90, S. Clark (O) 44.36  
Javelin A. Best (O) 58.38, M. Porter a(O) 54.02, N. Taylor-Young (C) 51.14, A. Morris (C) 47.04  
4 x 100m Oxford (Armstrong, Emery, Hughes, Burn) 42.6, Cambridge (Perks, Phipps, Dixon, Cheesman) 44.2  
4 x 400m Cambridge (Llewellyn 50.7, Keenlyside 48.3, Burton 48.1, Hemery 48.9) 3:16.0 [record], Oxford (Cropper, Fellows, McCabe, Emery) 3:20.8  
**Result Cambridge 115, Oxford 94**

##### **WOMEN, Blues Match**

100m J. Roynon (O) 12.6 [record], S. Needham (C) 13.0, E. Reynolds (O) 13.4, L. Gee (C) 13.9  
200m S. Dalgoutte (C) 24.3, J. Roynon (O) 25.7, S. Parker (C) 27.6, E. Reynolds (O) 27.8  
400m S. Dalgoutte (C) 56.2 [record], J. Roynon (O) 57.8, A. Kyei-Mensah (C) 61.2, T. Belt (O) 61.3  
800m S. Parker (C) 2:15.8, L. Davis (C) 2:22.2, D. Podmore (O) 2:29.9, U. Nicholls (O) 2:50.5  
1500m L. Everington (C) 4:41.3 [record], S. A. Hales (C) 4:41.7, M. Burch (O) 4:59.0, J. Lawrence (O) 5:06.5  
100m hurdles S. Dalgoutte (C) 14.6 [record], S. Needham (C) 14.9, H. Barker (O) 17.7, J. Preston (O) 19.2  
High Jump M. Worrall (C) 1.58, L. Gromich (O) 1.50, A. Kyei-Mensah (C) 1.50, J. Sephton (O) 1.35  
Long Jump T. Castling (C) 5.42, S. Needham (C) 5.38, C. Dolman (O) 5.23, K. Relton (O) 4.76  
Shot A. Kyei-Mensah (C) 10.26, H. Barker (O) 9.35, J. Corlett (O) 8.84, C. Morris (C) 7.77  
Discus J. Corlett (O) 26.78, J. Bos (O) 26.12, J. Morgan (C) 26.10, H. Townshend (C) 25.38  
Javelin C. Morris (C) 38.00 [record], M. Worrall (C) 28.48, J. Gibney (O) 27.10, H. Barker (O) 25.00

4 x 100m Cambridge (Parker, Castling, Needham, Dalgoutte) 50.4, Oxford 51.2  
**Result Cambridge 79, Oxford 49**

##### **MEN, Centipedes v Alverstone**

100m S. Perks (C) 11.4, R. Williams (O) 11.5, C. Chollerton (O) 11.6, A. Phipps (C) 11.8  
200m S. Perks (C) 22.9, R. Williams (O) 23.1, C. Chollerton (O) 23.5, C. Morgan (C) 23.5  
400m J. Cooper (C) 52.2, R. Oliver (O) 52.7, T. Cook (C) 53.1, A. Cremer (O) 53.3  
800m S. Elwood (C) 1:57.7, A. Cremer (O) 1:58.7, D. Williams (O) 2:00.1, P. Hannon (C) 2:05.5  
1500m D. Higgins (C) 4:01.5, H. Webb (O) 4:02.3, A. Morfey (C) 4:02.6, A. Clark (O) 4:10.6  
5000m D. Gilbert (C) 15:17.8, A. Richardson (O) 15:42.4, D. Cooper (O) 15:42.4, T. Yates (O) 17:40.5  
110m hurdles C. Oswald (C) 16.2, T. Waller (C) 16.2, C. Millerchip (O) 17.0, J. Ayton (O) 17.0  
200m hurdles H. Somers (C) 26.1, S. Findlay (O) 28.3, J. Ayton (O) 28.3, T. Carleton (C) 28.4  
400m hurdles A. Brown (C) 57.3, G. Wigginton (O) 60.1, J. Ayton (O) 60.3, T. Waller (C) 61.4  
Steeplechase K. Rutledge (O) 9:56.2, G. Baird (O) 10:00.2, D. Hollingworth (C) 10:22.1, M. Spinks (C) 10:57.4  
High Jump J. Roney (C) 2.00, E. Friend (C) 1.95, P. Wingfield (O) 1.70, S. Findlay (O) 1.70  
Pole Vault E. Friend (C) 2.80, G. Finn (O) 2.60 [S. Benjamin (O) and J. McPhail (C) both failed to clear a height]  
Long Jump G. Finn (O) 6.38, C. Morgan (C) 6.37, J. Barrington (C) 5.98, R. Scott (O) 5.71  
Triple Jump K. Robin-Coker (O) 13.08, C. Hovenden (O) 12.97, A. Edgar (C) 11.96, J. Cooper (C)  
Shot A. Holmes (O) 10.88, I. Baharrie (C) 10.37, E. Friend (C) 10.25, P. Littlechild (O) 9.61  
Discus P. Littlechild (O) 38.98, T. Parlett (C) 32.78, A. Holmes (O) 31.50, I. Baharrie (C) 27.50  
Hammer J. Slye (O) 35.26, M. Coleman (O) 29.64, E. Friend (C) 20.92, I. Baharrie (C) 17.86  
Javelin A. Duncan (O) 51.64, W. Latham (O) 48.40, M. Spinks (C) 39.58, E. Friend (C) 25.88  
4 x 100m Centipedes (Abrey, Stone, Chollerton, Williams) 44.1, Alverstone (Morgan, Porteous, Barrington, Ploszajski) 44.6  
4 x 400m Alverstone (Cook 52.9, Jackson 52.7, Elwood 50.8, Cooper 51.4) 3:27.9, Centipedes 3:34.5  
**Result Cambridge Alverstone 106, Oxford Centipedes 103**